

# Athletics New Zealand Cross Country Trial

Trentham, Wellington  
30 January 2010

## INFORMATION SHEET

### Location

The races will be held in Trentham Memorial Park, Trentham, Upper Hutt. Upper Hutt is approximately 30 kilometres from Central Wellington.

Entrance to Trentham Memorial Park should be from the Brentwood Street entrance off Fergusson Drive.

### Parking

Parking is available in the car park in the Brentwood Street car park or on the street.

### Competition Distances

Junior Women	6 km	1:00 pm
Junior Men & Senior Women	8 km	1:40 pm
Senior Men	12 km	2:15 pm

### Athlete Check In

Athletes are asked to report to race headquarters no later than 30 minutes prior to their race start time to collect their race number. It is the athlete's responsibility to collect their race number. If someone picks up your number on your behalf, you will be deemed to be ready to compete at the programmed race start time.

### Race Numbers

Athletes will be provided with a race number. Please wear your race number on the front of your running attire, so that the entire number can be easily read.

### Course Description

The course is a flat cross-country event around the picturesque Trentham Memorial Park and the Hutt River stop banks. Junior Women will compete over a 6 kilometre course. Junior Men and Senior Women will compete over an 8 kilometre course. The Senior Men will compete over a 12 kilometre course. The course is suitable for spikes.

### Reporting

Athletes are asked to report to the start line at least 5 minutes prior to the advertised start time.

### Bad Weather

The event will take place unless the venue is officially closed by the Upper Hutt Council due to extreme weather conditions or if officials deem it dangerous for athletes and or spectators.

### Results

Results will be displayed on the Athletics New Zealand website as soon as possible following the completion of the event.

### Selection for 2010 World Cross Country Championships

Any enquires regarding selection for the 2010 World Cross Country Championships should be directed to the Kevin O'Sullivan (Convenor) Cross Country & Road Selector via email on [osselectors@athletics.org.nz](mailto:osselectors@athletics.org.nz)

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