

Gold Programme 9 Jan 2010 Inc Kiwi Throwers Meet

Newtown Park 09 Jan 2010

Results

100m

Place	Race No	Name	Team	Gender	Division	Wind	Time
1		Andrew Matsuoka-Webber		Male	SM	0.4	11.65
2		Brent Tinkle		Male	M19	0.4	12.31
3		Gary Rawson		Male	M50	0.4	12.52
4		Rod Plimmer		Male	M40	0.4	12.57
5		John Turner		Male	M40	0.4	12.73
6		Benson Oosterbaan		Male	B13	0.4	12.96
7		Chris McIlroy		Male	M16	0.4	13.00
8		Melody Stein		Female	W16	-0.4	13.37
9		Sapphire Cavie		Female	G15	-0.4	13.64
10		Kate Plimmer		Female	G13	-0.4	13.89
11		Charlotte Smith		Female	W19	-0.4	14.00
12		Tyler Rollo		Female	G12	-0.4	14.15
13		Lucy Garner		Female	G13	-0.4	14.56
=		Kate Horan		Female	AWD	-0.4	14.56
		Dylan McKay		Male	M19	0.4	DQ

200m

Place	Race No	Name	Team	Gender	Division	Wind	Time
1		Michael Wilson		Male	SM	-1.2	22.32
2		Andrew Matsuoka-Webber		Male	SM	-1.2	22.95
3		Dylan McKay		Male	M19	-1.2	24.35
4		Brent Tinkle		Male	M19	-1.2	26.01
5		Benson Oosterbaan		Male	B13	-1.2	26.29
6		Sapphire Cavie		Female	G15	-2.7	27.59
7		Tyler Rollo		Female	G12	-2.7	29.06
=		Courtney Wheeler		Female	G13	-2.7	29.06

400m

Place	Race No	Name	Team	Gender	Division	Time
1		Richard Fernando		Male	M19	52.20
2		Zac Beechey		Male	M19	55.20
3		Chris McIlroy		Male	M16	55.74
4		John Turner		Male	M40	56.90
5		Logan Archer		Male	B12	1:02.54
6		Mike Binkhorst		Male	M50	1:12.58

1500m

Place	Race No	Name	Team	Gender	Division	Time
1		Hamish Carson		Male	SM	3:59.58
2		Jon Justice		Male	SM	4:04.29
3		Tim Cornish	Wellington Harrier Athletic C	Male	M19	4:05.67
4		Evan Cooper		Male	M19	4:06.81
5		Mathew Rogers		Male	SM	4:07.01
6		Daniel Nixon		Male	SM	4:10.43
7		Ross Sommerville	Wellington Harrier Athletic C	Male	SM	4:20.35
8		Bame Hassen		Male	M19	4:20.97
9		Trent Stallard		Male	SM	4:21.48
10		Stephen Day		Male	SM	4:26.47
11		Nicholas Pointon		Male	B13	4:36.07
12		Barbara Roy		Female	W19	4:38.74
13		Warren Maguren	Hutt Valley Harriers	Male	M45	4:44.90
14		Laura Roozendaal	Wellington Scottish A C	Female	SW	4:49.83
15		Anne Hare		Female	W45	4:51.56
16		Oliver Fane de Salis	Wellington College	Male	B12	5:14.83
17		Tipene MaGuren	Hutt Valley Harriers	Male	B11	5:23.50
18		Faiyeung Szeto	Wellington College	Male	B13	5:26.43
19		Tony McKone		Male	M45	5:35.19

20	Mike Binkhorst	Male	M50	5:41.89
21	John Morrow	Male	M50	5:53.73
22	Michael Browne	Male	M75	8:05.81

3000m

Place	Race No	Name	Team	Gender	Division	Time
1		Adam Steinmetz		Male	SM	9:09.57
2		Chris Deitrick		Male	SM	9:20.91
3		Stephen Day		Male	SM	9:28.27

80m Hurdles

Place	Race No	Name	Team	Gender	Division	Wind	Time
1		Lucy Garner		Female	G13	1.8	13.56

100m Hurdles

Place	Race No	Name	Team	Gender	Division	Wind	Time
1		Luke Bowden	Titahi Bay A C	Male	B15	1.8	16.20

Long Jump

Place	Race No	Name	Team	Gender	Division	Wind	Perf
1		Ryan Roselli		Male	SM	1.8	6.74
2		Charlotte Smith		Female	W19	3.6	5.06
3		Kristina Rybinski		Female	G14	1.3	4.97
4		Lucy Garner		Female	G13	0.7	4.50
5		Tyler Rollo		Female	G12	1.7	4.40
6		Morgan Archer		Female	G13	-1.7	4.38
7		Valerie Chan		Female	G14	1.6	4.21

High Jump

Place	Race No	Name	Team	Gender	Division	Perf
1		Billy Crayford		Male	SM	2.04
2		Scott Thomson		Male	M19	1.80
3		Shaun Baxter		Male	B14	1.70
4		John Turner		Male	M40	1.60
5		Valerie Chan		Female	G14	1.55
6		Kristina Rybinski		Female	G14	1.50
7		Lucy Garner		Female	G13	1.40
8		Morgan Archer		Female	G13	1.35

Triple Jump

Place	Race No	Name	Team	Gender	Division	Wind	Perf
1		Scott Thomson		Male	M19	-1.2	13.42
2		Marissa Pritchard		Female	SW	1.9	12.42
3		Melody Stein		Female	W16	0.8	11.26
4		Anna Thomson		Female	G14	-0.7	10.20

Shot Put

Place	Race No	Name	Team	Gender	Division	Perf
1		Richard Thomson		Male	SM	14.44
2		Josh Greig		Male	M19	13.08
3		Alex Fafeita	Carterton Athletics	Male	M16	12.35
4		Brent Tinkle		Male	M19	11.21
5		Tim Hawkes		Male	SM	9.53
6		Graham McPhail		Male	SM	9.32
7		Gary Rawson		Male	M50	9.08
8		Michelle Ward	Wellington Masters	Female	W35	8.94
9		Craig Hamilton		Male	SM	8.66
10		Courtney Wheeler		Female	G13	8.40
11		Brendan Miller		Male	SM	8.01
12		Tyler Rollo		Female	G12	7.91
13		Peter Jack		Male	M60	4.85
		Dylan McKay		Male	M19	NT

Discus

Place	Race No	Name	Team	Gender	Division	Perf
1		Alex Fafeita	Carterton Athletics	Male	M16	43.73
2		Josh Greig		Male	M19	32.32
3		Gary Rawson		Male	M50	28.78
4		Tim Hawkes		Male	SM	27.45
5		Luke Bowden	Titahi Bay A C	Male	B15	26.05
6		Brent Tinkle		Male	M19	24.78
7		Tyler Rollo		Female	G12	24.00
8		Mike Baxter		Male	M45	23.73
9		Graham McPhail		Male	SM	23.42
10		Brendan Miller		Male	SM	23.23
11		Marissa Pritchard		Female	SW	23.15
12		Courtney Wheeler		Female	G13	22.93
13		Michelle Ward	Wellington Masters	Female	W35	22.92
14		Craig Hamilton		Male	SM	21.38
15		Melody Stein		Female	W16	18.85
16		Peter Jack		Male	M60	14.00

Javelin

Place	Race No	Name	Team	Gender	Division	Perf
1		Alex Fafeita	Carterton Athletics	Male	M16	40.46
2		Tim Hawkes		Male	SM	36.17
3		Brendan Miller		Male	SM	35.60
4		Gary Rawson		Male	M50	32.98
5		Mike Baxter		Male	M45	30.28
6		John Turner		Male	M40	29.47
7		Graham McPhail		Male	SM	29.21
8		Josh Greig		Male	M19	26.52
9		Craig Hamilton		Male	SM	24.16
10		Charlotte Smith		Female	W19	18.18
11		Marissa Pritchard		Female	SW	17.11
12		Michelle Ward	Wellington Masters	Female	W35	16.20
13		Peter Rendall		Male	M55	14.46
14		Melody Stein		Female	W16	14.13
15		Peter Jack		Male	M60	11.72

Hammer

Place	Race No	Name	Team	Gender	Division	Perf
1		Alex Fafeita	Carterton Athletics	Male	M16	43.36
2		Josh Greig		Male	M19	29.87
3		Michelle Ward	Wellington Masters	Female	W35	25.64
4		Gary Rawson		Male	M50	21.45
5		Graham McPhail		Male	SM	20.35
6		Craig Hamilton		Male	SM	20.06
7		Della Laird	Wellington Scottish A C	Female	W40	16.47
8		Peter Jack		Male	M60	13.61

5000m Track Walk

Place	Race No	Name	Team	Gender	Division	Time
1	E101	Peter Baillie		Male	M60	26:40.96
2		Robert Gardner		Male	M55	33:26.89
3		John Ihaka		Male	M60	36:31.08
4		John Hines	Wellington Scottish A C	Male	M70	38:49.44
5		Peter Rendall		Male	M55	40:17.52
6		Rachel Kennedy		Female	W45	43:07.50