

ANZ Track & Field Championships 2008

Mount Smart Stadium, Auckland, NZ . 28 - 30 Mar 2008

Results

Female - 100m - Semi Final

| Place | Race No | Name | Team | Wind | Time |
|-------------------|---------|-------------------------|--------------------------|------|---------|
| Open Women | | | | | |
| Heat 1 | | | | | |
| 1 | 714 | Monique Williams | Auckland | -2.4 | 12.25 Q |
| 2 | 332 | Nicola Hely | Otago | -2.4 | 12.54 Q |
| 3 | 732 | Rebecca Wright | Waikato Bay of Plenty | -2.4 | 12.96 Q |
| 4 | 730 | Arna Wright | Waikato Bay of Plenty | -2.4 | 13.00 Q |
| 5 | 630 | Annmarie Spragg | Waikato Bay of Plenty | -2.4 | 13.07 |
| | 312 | Catherine Hannell* | Australian Club | -2.4 | 13.13 |
| 6 | 671 | Veronica Torr | Auckland | -2.4 | 13.53 |
| Heat 2 | | | | | |
| 1 | 160 | April Brough | Auckland | -2.5 | 12.11 Q |
| 2 | 624 | Anna Smythe | Otago | -2.5 | 12.12 Q |
| 3 | 481 | Andrea Miller | Otago | -2.5 | 12.20 Q |
| | 214 | Fiona Cullen* | Australian Club | -2.5 | 12.25 Q |
| 4 | 246 | Larissa Dyke | Otago | -2.5 | 13.03 |
| 5 | 315 | Joelene Hardy | Auckland | -2.5 | 13.14 |
| 6 | 465 | Tamsyn McGarva | Waikato Bay of Plenty | -2.5 | 13.23 |
| W19 | | | | | |
| Heat 1 | | | | | |
| 1 | 207 | Rochelle Coster | Auckland | -5.5 | 12.77 Q |
| 2 | 331 | Fiona Hely | Otago | -5.5 | 12.93 Q |
| 3 | 345 | Louise Hosegood | Wellington | -5.5 | 13.40 |
| 4 | 420 | Esther Liong | Canterbury | -5.5 | 13.41 |
| 5 | 303 | Tracey Hale | Waikato Bay of Plenty | -5.5 | 13.68 |
| 6 | 512 | Janelle Nicholas-Wright | Waitakere City Athletics | -5.5 | 14.55 |
| | 433 | Sarah Mackaway* | Australian Club | -5.5 | DQ |
| Heat 2 | | | | | |
| 1 | 399 | Andrea Koenen | Auckland | -2.3 | 12.45 Q |
| 2 | 522 | Nneka Okpala | Auckland | -2.3 | 12.66 Q |
| 3 | 638 | Bethany Struthers | Otago | -2.3 | 12.89 Q |
| 4 | 546 | Caroline Podmore | Waikato Bay of Plenty | -2.3 | 12.98 Q |
| 5 | 444 | Jolene Marks | Athletics Whangarei | -2.3 | 13.16 |
| 6 | 443 | Chelsea Maples | Waikato Bay of Plenty | -2.3 | 13.21 |
| 7 | 371 | Elizabeth Jones | Auckland | -2.3 | 13.38 |
| Heat 3 | | | | | |
| 1 | 346 | Sarah Hosegood | Wellington | -2.2 | 13.20 Q |
| 2 | 289 | Melissa Gould | Canterbury | -2.2 | 13.31 Q |
| | 668 | Sinead Tohilima* | Guest | -2.2 | 14.13 |
| | 548 | Nolita Poimafisi* | Guest | -2.2 | 17.41 |
| W16 | | | | | |
| Heat 1 | | | | | |
| 1 | 367 | Chelsea Johannsen | Auckland | -2.2 | 12.62 Q |
| 2 | 721 | Livvy Wilson | Auckland | -2.2 | 12.84 Q |
| 3 | 644 | Phillipa Symes | Manawatu Wanganui | -2.2 | 12.99 Q |
| 4 | 146 | Olivia Blundell | Wellington | -2.2 | 13.02 Q |
| 5 | 150 | Hazel Bowering-Scott | Tasman | -2.2 | 13.09 Q |

| | | | | | |
|---------------|-----|-----------------|-----------------------|------|---------|
| 6 | 657 | Emma Thomas | Canterbury | -2.2 | 13.61 |
| 7 | 462 | Brogan McDonald | North Harbour Bays | -2.2 | 13.66 |
| 8 | 236 | Kristin Dovey | Wellington | -2.2 | 13.95 |
| Heat 2 | | | | | |
| 1 | 572 | Mariah Ririnui | Waikato Bay of Plenty | -2.7 | 12.59 Q |
| 2 | 726 | Portia Woodman | Auckland | -2.7 | 12.85 Q |
| 3 | 249 | Mandy Enright | Auckland | -2.7 | 12.94 Q |
| | 551 | Salome Pracht* | Tahiti | -2.7 | 13.30 Q |
| 4 | 547 | Sarah Podmore | Waikato Bay of Plenty | -2.7 | 13.33 Q |
| 5 | 180 | April Campbell | Wellington | -2.7 | 13.48 Q |
| | 645 | Patricia Taea* | Cook Islands | -2.7 | 13.77 |
| 6 | 604 | Alysha Simonsen | Taranaki | -2.7 | 14.02 |
| Heat 3 | | | | | |
| 1 | 130 | Hannah Bayard | Canterbury | -3.8 | 12.89 Q |
| 2 | 542 | Rachel Peeters | Auckland | -3.8 | 12.94 Q |
| 3 | 405 | L'Rey Renata | Auckland | -3.8 | 13.05 Q |
| 4 | 133 | Kelsey Berryman | Canterbury | -3.8 | 13.06 Q |
| 5 | 467 | Emma McIntyre | Phoenix Athletics | -3.8 | 13.55 Q |

Female - 100m - Final

| Place | Race No | Name | Team | Wind | Time |
|-------------------|---------|-------------------|-----------------------|------|-------|
| Open Women | | | | | |
| 1 | 714 | Monique Williams | Auckland | -2.0 | 11.87 |
| 2 | 481 | Andrea Miller | Otago | -2.0 | 11.91 |
| 3 | 624 | Anna Smythe | Otago | -2.0 | 11.96 |
| 4 | 160 | April Brough | Auckland | -2.0 | 12.03 |
| | 214 | Fiona Cullen* | Australian Club | -2.0 | 12.16 |
| 5 | 332 | Nicola Hely | Otago | -2.0 | 12.28 |
| 6 | 730 | Arna Wright | Waikato Bay of Plenty | -2.0 | 12.82 |
| 7 | 732 | Rebecca Wright | Waikato Bay of Plenty | -2.0 | 12.89 |
| W19 | | | | | |
| 1 | 207 | Rochelle Coster | Auckland | -0.7 | 12.46 |
| 2 | 399 | Andrea Koenen | Auckland | -0.7 | 12.46 |
| 3 | 331 | Fiona Hely | Otago | -0.7 | 12.52 |
| 4 | 522 | Nneka Okpala | Auckland | -0.7 | 12.66 |
| 5 | 638 | Bethany Struthers | Otago | -0.7 | 12.98 |
| = | 546 | Caroline Podmore | Waikato Bay of Plenty | -0.7 | 12.98 |
| 7 | 289 | Melissa Gould | Canterbury | -0.7 | 13.14 |
| 8 | 346 | Sarah Hosegood | Wellington | -0.7 | 13.22 |
| W16 | | | | | |
| Heat 1 | | | | | |
| 1 | 367 | Chelsea Johannsen | Auckland | -3.2 | 12.43 |
| 2 | 572 | Mariah Ririnui | Waikato Bay of Plenty | -3.2 | 12.54 |
| 3 | 721 | Livvy Wilson | Auckland | -3.2 | 12.85 |
| 4 | 542 | Rachel Peeters | Auckland | -3.2 | 12.86 |
| 5 | 130 | Hannah Bayard | Canterbury | -3.2 | 12.94 |
| 6 | 644 | Phillipa Symes | Manawatu Wanganui | -3.2 | 12.99 |
| 7 | 249 | Mandy Enright | Auckland | -3.2 | 13.11 |
| 8 | 726 | Portia Woodman | Auckland | -3.2 | 13.18 |

Male - 100m - Quarter Final

| Place | Race No | Name | Team | Wind | Time |
|---------------|---------|-----------|----------|------|---------|
| M16 | | | | | |
| Heat 1 | | | | | |
| 1 | 669 | Tama Toki | Auckland | -1.0 | 11.48 Q |

| | | | | | |
|---------------|-----|-------------------|--------------------------|------|---------|
| 2 | 693 | Scott Walker | Canterbury | -1.0 | 11.58 Q |
| 3 | 583 | Yarride Rosario | Hawkes Bay Gisborne | -1.0 | 11.60 Q |
| 4 | 358 | Stephen Isaac | Wellington | -1.0 | 11.71 Q |
| 5 | 615 | Craig Smith | Canterbury | -1.0 | 11.97 Q |
| 6 | 211 | Malcolm Creelman | Canterbury | -1.0 | 11.98 Q |
| 7 | 710 | Sam Widdison | North Harbour Bays | -1.0 | 12.49 |
| Heat 2 | | | | | |
| 1 | 417 | William Lentjes | Canterbury | -4.2 | 12.01 Q |
| 2 | 341 | Rory Hofmans | Taranaki | -4.2 | 12.04 Q |
| 3 | 386 | Dee Jay Kennedy | Southland | -4.2 | 12.09 Q |
| 4 | 561 | Mathew Ragg | Auckland City At | -4.2 | 12.19 Q |
| 5 | 268 | Toby Flett | Otago | -4.2 | 12.52 |
| | 418 | Lisihau Leolahi* | Guest | -4.2 | 13.40 |
| Heat 3 | | | | | |
| 1 | 369 | Todd Johnston | Otago | -3.3 | 11.52 Q |
| 2 | 725 | Mitchell Wood | Waikato Bay of Plenty | -3.3 | 11.90 Q |
| 3 | 201 | Michael Cooke | Waitakere City Athletics | -3.3 | 12.12 Q |
| 4 | 558 | Jake Quor | Auckland | -3.3 | 12.25 |
| 5 | 526 | Ryan Overmayer | Waikato Bay of Plenty | -3.3 | 12.47 |
| | 301 | James Haimotu* | Guest | -3.3 | 12.65 |
| 6 | 323 | Joshua Hawkins | Ellerslie AA & H | -3.3 | 12.67 |
| Heat 4 | | | | | |
| 1 | 374 | Alex Jordan | Tasman | -2.0 | 11.83 Q |
| 2 | 479 | Joseph Millar | Waikato Bay of Plenty | -2.0 | 11.89 Q |
| 3 | 606 | William Simpson | Wellington | -2.0 | 12.18 Q |
| 4 | 264 | Zinzan Fern | Taranaki | -2.0 | 12.30 |
| | 649 | Johnson Tauevihi* | Guest | -2.0 | 12.89 |

Male - 100m - Semi Final

| Place | Race No | Name | Team | Wind | Time |
|-----------------|---------|--------------------|-----------------------|------|---------|
| Open Men | | | | | |
| Heat 1 | | | | | |
| 1 | 163 | Matthew Brown | Auckland | -0.7 | 10.86 Q |
| | 716 | Ray Williams* | Australian Club | -0.7 | 10.87 Q |
| | 143 | Rodney Blair* | Australian Club | -0.7 | 11.01 Q |
| 2 | 565 | Graeme Read | Auckland | -0.7 | 11.23 Q |
| 3 | 574 | Vaughan Roberts | North Harbour Bays | -0.7 | 11.31 |
| 4 | 531 | James Panton | Otago | -0.7 | 11.57 |
| | 527 | Billy Paea* | Guest | -0.7 | 11.64 |
| Heat 2 | | | | | |
| 1 | 440 | Todd Mansfield | Otago | -0.8 | 10.83 Q |
| 2 | 131 | Craig Bearda | Auckland | -0.8 | 10.84 Q |
| 3 | 233 | Chris Donaldson | Otago | -0.8 | 10.89 Q |
| 4 | 549 | Benjamin Potter | Auckland | -0.8 | 10.99 Q |
| 5 | 625 | Adam Somerville | Auckland | -0.8 | 11.16 Q |
| | 365 | Aiden Jeanes* | Australian Club | -0.8 | 11.19 Q |
| 6 | 270 | Morgan Foster | Waikato Bay of Plenty | -0.8 | 11.28 Q |
| | 485 | David Monneron* | Australian Club | -0.8 | 11.37 |
| Heat 3 | | | | | |
| 1 | 232 | James Dolphin | Auckland | -2.6 | 10.92 Q |
| 2 | 494 | James Mortimer | Auckland | -2.6 | 11.03 Q |
| | 378 | Moses Kamut* | Vanuatu | -2.6 | 11.09 Q |
| 3 | 680 | Carl Van Der Speck | Auckland | -2.6 | 11.10 Q |
| | 274 | Liam Gander* | Australian Club | -2.6 | 11.16 Q |
| 4 | 152 | Hayden Bradley | Wellington | -2.6 | 11.58 |
| | 272 | Nathan Fox* | Australian Club | -2.6 | 11.84 |

Heat 1

| | | | | | |
|---|-----|------------------|-------------------|------|---------|
| 1 | 453 | Clayton Mbofana | Auckland | -2.5 | 11.18 Q |
| | 328 | Gordon Heather* | Cook Islands | -2.5 | 11.76 Q |
| 2 | 553 | Hayden Pritchard | Manawatu Wanganui | -2.5 | 11.83 |
| 3 | 204 | Joel Corney | Manawatu Wanganui | -2.5 | 11.93 |
| 4 | 404 | Johan Kvasnicka | Auckland | -2.5 | 11.98 |
| 5 | 103 | Trinity Ahie | Taranaki | -2.5 | 12.17 |
| | 269 | Ian Foster* | Australian Club | -2.5 | 12.48 |

Heat 2

| | | | | | |
|---|-----|-----------------|-----------------------|------|---------|
| 1 | 107 | David Ambler | Canterbury | -4.4 | 11.32 Q |
| 2 | 722 | Michael Wilson | Wellington | -4.4 | 11.32 Q |
| 3 | 489 | Dafydd Morgan | Canterbury | -4.4 | 11.52 Q |
| 4 | 647 | Isaac Jnr Tatoa | Auckland | -4.4 | 11.61 Q |
| 5 | 258 | Mikhail Faria | Waikato Bay of Plenty | -4.4 | 12.05 |
| 6 | 633 | Josh Starkey | Waikato Bay of Plenty | -4.4 | 12.48 |

Heat 3

| | | | | | |
|---|-----|-------------------|-----------------------|------|---------|
| 1 | 373 | Tim Jones | Canterbury | -1.5 | 11.33 Q |
| 2 | 188 | Andrew Catlin | Waikato Bay of Plenty | -1.5 | 11.71 Q |
| 3 | 449 | Tom Mathews | Wellington Harriers | -1.5 | 11.94 |
| | 532 | Tereaeere Parima* | Cook Islands | -1.5 | 12.04 |
| | 676 | Terootae Urarii* | Tahiti | -1.5 | DQ |

M16**Heat 1**

| | | | | | |
|---|-----|------------------|--------------------------|------|---------|
| 1 | 369 | Todd Johnston | Otago | -1.6 | 11.43 Q |
| 2 | 374 | Alex Jordan | Tasman | -1.6 | 11.44 Q |
| 3 | 417 | William Lentjes | Canterbury | -1.6 | 11.56 Q |
| 4 | 341 | Rory Hofmans | Taranaki | -1.6 | 11.57 Q |
| 5 | 358 | Stephen Isaac | Wellington | -1.6 | 11.74 |
| 6 | 386 | Dee Jay Kennedy | Southland | -1.6 | 11.82 |
| 7 | 211 | Malcolm Creelman | Canterbury | -1.6 | 12.05 |
| 8 | 201 | Michael Cooke | Waitakere City Athletics | -1.6 | 12.06 |

Heat 2

| | | | | | |
|---|-----|-----------------|-----------------------|------|---------|
| 1 | 669 | Tama Toki | Auckland | -1.9 | 11.28 Q |
| 2 | 479 | Joseph Millar | Waikato Bay of Plenty | -1.9 | 11.56 Q |
| 3 | 583 | Yarride Rosario | Hawkes Bay Gisborne | -1.9 | 11.57 Q |
| 4 | 693 | Scott Walker | Canterbury | -1.9 | 11.66 Q |
| 5 | 561 | Mathew Ragg | Auckland City At | -1.9 | 11.84 |
| 6 | 725 | Mitchell Wood | Waikato Bay of Plenty | -1.9 | 11.92 |
| 7 | 615 | Craig Smith | Canterbury | -1.9 | 12.05 |
| 8 | 606 | William Simpson | Wellington | -1.9 | 12.08 |

Male - 100m - Final

| Place | Race No | Name | Team | Wind | Time |
|-----------------|---------|--------------------|-----------------|------|-------|
| Open Men | | | | | |
| Heat 1 | | | | | |
| 1 | 233 | Chris Donaldson | Otago | -2.1 | 10.79 |
| 2 | 440 | Todd Mansfield | Otago | -2.1 | 10.80 |
| 3 | 232 | James Dolphin | Auckland | -2.1 | 10.81 |
| 4 | 131 | Craig Bearda | Auckland | -2.1 | 10.88 |
| 5 | 549 | Benjamin Potter | Auckland | -2.1 | 10.98 |
| 6 | 494 | James Mortimer | Auckland | -2.1 | 11.01 |
| 7 | 163 | Matthew Brown | Auckland | -2.1 | 11.01 |
| | 716 | Ray Williams* | Australian Club | -2.1 | 11.07 |
| Heat 2 | | | | | |
| | 378 | Moses Kamut* | Vanuatu | -3.0 | 11.07 |
| 1 | 680 | Carl Van Der Speck | Auckland | -3.0 | 11.11 |
| | 274 | Liam Gander* | Australian Club | -3.0 | 11.15 |

| | | | | | |
|---|-----|-----------------|-----------------------|------|-------|
| | 365 | Aiden Jeanes* | Australian Club | -3.0 | 11.33 |
| | 143 | Rodney Blair* | Australian Club | -3.0 | 11.35 |
| 2 | 565 | Graeme Read | Auckland | -3.0 | 11.40 |
| 3 | 270 | Morgan Foster | Waikato Bay of Plenty | -3.0 | 11.42 |
| | 625 | Adam Somerville | Auckland | -3.0 | DNF R |

M19

| | | | | | |
|---|-----|-----------------|-----------------------|------|-------|
| 1 | 107 | David Ambler | Canterbury | -2.0 | 11.05 |
| 2 | 722 | Michael Wilson | Wellington | -2.0 | 11.16 |
| 3 | 373 | Tim Jones | Canterbury | -2.0 | 11.28 |
| 4 | 647 | Isaac Jnr Tatoa | Auckland | -2.0 | 11.36 |
| 5 | 489 | Dafydd Morgan | Canterbury | -2.0 | 11.45 |
| | 328 | Gordon Heather* | Cook Islands | -2.0 | 11.78 |
| 6 | 188 | Andrew Catlin | Waikato Bay of Plenty | -2.0 | 11.87 |
| | 453 | Clayton Mbofana | Auckland | -2.0 | DQ |

M16

| | | | | | |
|---|-----|-----------------|-----------------------|------|-------|
| 1 | 669 | Tama Toki | Auckland | -2.2 | 11.19 |
| 2 | 369 | Todd Johnston | Otago | -2.2 | 11.49 |
| 3 | 374 | Alex Jordan | Tasman | -2.2 | 11.54 |
| 4 | 583 | Yarride Rosario | Hawkes Bay Gisborne | -2.2 | 11.57 |
| 5 | 479 | Joseph Millar | Waikato Bay of Plenty | -2.2 | 11.63 |
| 6 | 693 | Scott Walker | Canterbury | -2.2 | 11.65 |
| 7 | 341 | Rory Hofmans | Taranaki | -2.2 | 11.66 |
| 8 | 417 | William Lentjes | Canterbury | -2.2 | 35.45 |

AWD AMB M

| | | | | | |
|---|-----|-------------------|------------|------|-------|
| 1 | 610 | Matt Slade | Auckland | -3.1 | 13.13 |
| 2 | 348 | Daryl Humberstone | Canterbury | -3.1 | 16.28 |

AWD W/C M

| | | | | | |
|---|-----|--------------------|------------------|------|-------|
| 1 | 407 | Matthew Lack | Auckland City At | -3.9 | 16.66 |
| 2 | 368 | Allistair Johnston | Auckland City At | -3.9 | 17.55 |
| 3 | 466 | Alexander McIntyre | Papanui Toc H At | -3.9 | 18.64 |

Female - 200m - Semi Final

| Place | Race No | Name | Team | Wind | Time |
|-------------------|---------|--------------------|-----------------------|------|---------|
| Open Women | | | | | |
| Heat 1 | | | | | |
| 1 | 714 | Monique Williams | Auckland | -0.2 | 24.69 Q |
| 2 | 372 | Louise Jones | Auckland | -0.2 | 25.18 Q |
| 3 | 525 | Charlotte Osborne | Waikato Bay of Plenty | -0.2 | 25.47 Q |
| | 312 | Catherine Hannell* | Australian Club | -0.2 | 26.47 Q |
| 4 | 246 | Larissa Dyke | Otago | -0.2 | 26.58 |
| Heat 2 | | | | | |
| 1 | 160 | April Brough | Auckland | 0.1 | 24.03 Q |
| 2 | 332 | Nicola Hely | Otago | 0.1 | 24.70 Q |
| 3 | 315 | Joelene Hardy | Auckland | 0.1 | 25.42 Q |
| 4 | 730 | Arna Wright | Waikato Bay of Plenty | 0.1 | 25.65 Q |
| 5 | 465 | Tamsyn McGarva | Waikato Bay of Plenty | 0.1 | 26.56 |
| W19 | | | | | |
| Heat 1 | | | | | |
| 1 | 399 | Andrea Koenen | Auckland | 0.7 | 24.92 Q |
| 2 | 345 | Louise Hosegood | Wellington | 0.7 | 25.42 Q |
| 3 | 281 | Rebecca Gibson | Southland | 0.7 | 25.89 Q |
| 4 | 289 | Melissa Gould | Canterbury | 0.7 | 25.92 Q |
| 5 | 443 | Chelsea Maples | Waikato Bay of Plenty | 0.7 | 26.45 |

| | | | | | |
|---------------|-----|----------------------|-----------------------|------|---------|
| 6 | 412 | Kirsty Laurence | Auckland | 0.7 | 26.63 |
| 7 | 538 | Gillian Patterson | Otago | 0.7 | 27.48 |
| Heat 2 | | | | | |
| 1 | 331 | Fiona Hely | Otago | 1.4 | 24.81 Q |
| 2 | 546 | Caroline Podmore | Waikato Bay of Plenty | 1.4 | 25.95 Q |
| | 433 | Sarah Mackaway* | Australian Club | 1.4 | 26.06 Q |
| 3 | 444 | Jolene Marks | Athletics Whangarei | 1.4 | 26.36 Q |
| 4 | 371 | Elizabeth Jones | Auckland | 1.4 | 26.44 |
| W16 | | | | | |
| Heat 1 | | | | | |
| 1 | 130 | Hannah Bayard | Canterbury | 1.8 | 25.51 Q |
| 2 | 721 | Livvy Wilson | Auckland | 1.8 | 25.75 Q |
| 3 | 108 | Katrina Anderson | Counties Manukau | 1.8 | 26.44 Q |
| 4 | 566 | Sarah Reid | Manawatu Wanganui | 1.8 | 26.67 |
| 5 | 294 | Chanel Gray | Waikato Bay of Plenty | 1.8 | 26.81 |
| 6 | 180 | April Campbell | Wellington | 1.8 | 26.87 |
| 7 | 236 | Kristin Dovey | Wellington | 1.8 | 26.99 |
| 8 | 704 | Emma Weenink | Wellington | 1.8 | 27.05 |
| Heat 2 | | | | | |
| 1 | 367 | Chelsea Johannsen | Auckland | -0.5 | 25.17 Q |
| 2 | 542 | Rachel Peeters | Auckland | -0.5 | 25.54 Q |
| 3 | 572 | Mariah Ririnui | Waikato Bay of Plenty | -0.5 | 25.56 Q |
| 4 | 150 | Hazel Bowering-Scott | Tasman | -0.5 | 25.79 Q |
| 5 | 249 | Mandy Enright | Auckland | -0.5 | 26.07 Q |
| 6 | 657 | Emma Thomas | Canterbury | -0.5 | 26.73 |
| | 551 | Salome Pracht* | Tahiti | -0.5 | 26.89 |

Female - 200m - Final

| Place | Race No | Name | Team | Wind | Time |
|-------------------|---------|----------------------|-----------------------|------|---------|
| Open Women | | | | | |
| 1 | 714 | Monique Williams | Auckland | -1.6 | 23.84 |
| 2 | 160 | April Brough | Auckland | -1.6 | 23.91 |
| 3 | 332 | Nicola Hely | Otago | -1.6 | 24.89 |
| 4 | 372 | Louise Jones | Auckland | -1.6 | 25.55 |
| 5 | 730 | Arna Wright | Waikato Bay of Plenty | -1.6 | 25.79 |
| 6 | 525 | Charlotte Osborne | Waikato Bay of Plenty | -1.6 | 25.86 |
| 7 | 315 | Joelene Hardy | Auckland | -1.6 | 25.93 |
| | 312 | Catherine Hannell* | Australian Club | -1.6 | 26.66 |
| W19 | | | | | |
| 1 | 331 | Fiona Hely | Otago | 0.6 | 24.38 |
| 2 | 399 | Andrea Koenen | Auckland | 0.6 | 24.60 |
| 3 | 345 | Louise Hosegood | Wellington | 0.6 | 25.22 |
| 4 | 546 | Caroline Podmore | Waikato Bay of Plenty | 0.6 | 25.53 |
| 5 | 281 | Rebecca Gibson | Southland | 0.6 | 25.86 |
| 6 | 289 | Melissa Gould | Canterbury | 0.6 | 26.01 |
| | 433 | Sarah Mackaway* | Australian Club | 0.6 | 26.23 |
| W16 | | | | | |
| 1 | 367 | Chelsea Johannsen | Auckland | 1.7 | 24.42 R |
| 2 | 130 | Hannah Bayard | Canterbury | 1.7 | 24.98 |
| 3 | 542 | Rachel Peeters | Auckland | 1.7 | 25.22 |
| 4 | 721 | Livvy Wilson | Auckland | 1.7 | 25.51 |
| 5 | 150 | Hazel Bowering-Scott | Tasman | 1.7 | 25.53 |
| 6 | 249 | Mandy Enright | Auckland | 1.7 | 25.72 |
| 7 | 108 | Katrina Anderson | Counties Manukau | 1.7 | 26.16 |

Male - 200m - Quarter Final

| Place | Race No | Name | Team | Wind | Time |
|---------------|----------------|-------------------|--------------------------|-------------|-------------|
| M16 | | | | | |
| Heat 1 | | | | | |
| 1 | 369 | Todd Johnston | Otago | 3.0 | 22.69 Q |
| 2 | 268 | Toby Flett | Otago | 3.0 | 23.12 Q |
| 3 | 386 | Dee Jay Kennedy | Southland | 3.0 | 23.23 Q |
| 4 | 211 | Malcolm Creelman | Canterbury | 3.0 | 23.28 Q |
| 5 | 558 | Jake Quor | Auckland | 3.0 | 23.82 |
| 6 | 201 | Michael Cooke | Waitakere City Athletics | 3.0 | 24.07 |
| Heat 2 | | | | | |
| 1 | 374 | Alex Jordan | Tasman | -1.1 | 22.30 Q |
| 2 | 455 | Shaun McFarlane | Manawatu Wanganui | -1.1 | 22.51 Q |
| 3 | 577 | Mathew Robinson | Southland | -1.1 | 22.63 Q |
| 4 | 530 | Ben Paltridge | Auckland | -1.1 | 23.24 Q |
| 5 | 353 | James Hutchens | Wellington | -1.1 | 23.70 Q |
| 6 | 725 | Mitchell Wood | Waikato Bay of Plenty | -1.1 | 23.80 |
| 7 | 102 | Chris Adamson | Waikato Bay of Plenty | -1.1 | 25.08 |
| | 418 | Lisihau Leolahi* | Guest | -1.1 | 25.68 |
| Heat 3 | | | | | |
| 1 | 669 | Tama Toki | Auckland | -2.2 | 22.73 Q |
| 2 | 479 | Joseph Millar | Waikato Bay of Plenty | -2.2 | 23.02 Q |
| 3 | 693 | Scott Walker | Canterbury | -2.2 | 23.41 Q |
| 4 | 606 | William Simpson | Wellington | -2.2 | 23.65 Q |
| 5 | 358 | Stephen Isaac | Wellington | -2.2 | 23.87 |
| 6 | 526 | Ryan Overmayer | Waikato Bay of Plenty | -2.2 | 24.48 |
| 7 | 264 | Zinzan Fern | Taranaki | -2.2 | 24.55 |
| Heat 4 | | | | | |
| 1 | 341 | Rory Hofmans | Taranaki | -0.6 | 23.95 Q |
| 2 | 688 | Nicolaas Vickers | Waikato Bay of Plenty | -0.6 | 24.24 Q |
| 3 | 562 | Sam Ragg | Auckland City At | -0.6 | 24.34 Q |
| 4 | 323 | Joshua Hawkins | Ellerslie AA & H | -0.6 | 24.65 |
| 5 | 100 | Alistair Adams | Waikato Bay of Plenty | -0.6 | 25.18 |
| | 649 | Johnson Tauevihi* | Guest | -0.6 | 25.64 |

Male - 200m - Semi Final

| Place | Race No | Name | Team | Wind | Time |
|-----------------|----------------|-----------------|--------------------|-------------|-------------|
| Open Men | | | | | |
| Heat 1 | | | | | |
| 1 | 440 | Todd Mansfield | Otago | -0.9 | 21.19 Q |
| 2 | 163 | Matthew Brown | Auckland | -0.9 | 21.20 Q |
| 3 | 549 | Benjamin Potter | Auckland | -0.9 | 21.30 Q |
| 4 | 494 | James Mortimer | Auckland | -0.9 | 21.57 |
| 5 | 574 | Vaughan Roberts | North Harbour Bays | -0.9 | 22.94 |
| 6 | 531 | James Panton | Otago | -0.9 | 23.45 |
| Heat 2 | | | | | |
| 1 | 662 | Jeffrey Thumath | Auckland | -0.1 | 21.03 Q |
| 2 | 131 | Craig Bearda | Auckland | -0.1 | 21.30 Q |
| 3 | 625 | Adam Somerville | Auckland | -0.1 | 21.35 Q |
| | 378 | Moses Kamut* | Vanuatu | -0.1 | 21.89 |
| | 274 | Liam Gander* | Australian Club | -0.1 | 22.21 |
| | 272 | Nathan Fox* | Australian Club | -0.1 | 23.36 |
| Heat 3 | | | | | |
| 1 | 232 | James Dolphin | Auckland | 0.8 | 21.26 Q |
| | 716 | Ray Williams* | Australian Club | 0.8 | 21.31 Q |
| | 318 | Peter Harrison* | Australian Club | 0.8 | 22.40 |
| 2 | 152 | Hayden Bradley | Wellington | 0.8 | 22.46 |

| | | | | | |
|---------------|-----|------------------|-----------------------|-----|---------|
| 3 | 565 | Graeme Read | Auckland | 0.8 | 22.68 |
| M19 | | | | | |
| Heat 1 | | | | | |
| 1 | 722 | Michael Wilson | Wellington | 2.4 | 22.09 Q |
| 2 | 107 | David Ambler | Canterbury | 2.4 | 22.33 Q |
| 3 | 677 | Jayson Ulrich | Auckland | 2.4 | 22.63 |
| 4 | 647 | Isaac Jnr Tatoa | Auckland | 2.4 | 22.76 |
| 5 | 204 | Joel Corney | Manawatu Wanganui | 2.4 | 22.93 |
| 6 | 361 | Andrew Jackson | Auckland City At | 2.4 | 23.50 |
| Heat 2 | | | | | |
| 1 | 453 | Clayton Mbofana | Auckland | 1.1 | 21.69 Q |
| | 113 | Tim Atkinson* | Australian Club | 1.1 | 21.99 Q |
| 2 | 691 | Braydon Vo | Auckland | 1.1 | 22.50 Q |
| 3 | 188 | Andrew Catlin | Waikato Bay of Plenty | 1.1 | 22.63 Q |
| 4 | 103 | Trinity Ahie | Taranaki | 1.1 | 23.56 |
| | 532 | Tereaere Parima* | Cook Islands | 1.1 | 23.71 |
| Heat 3 | | | | | |
| 1 | 373 | Tim Jones | Canterbury | 0.8 | 22.30 Q |
| 2 | 521 | Daniel O'Shea | Otago | 0.8 | 22.70 Q |
| 3 | 553 | Hayden Pritchard | Manawatu Wanganui | 0.8 | 23.19 |
| | 676 | Terootae Urarii* | Tahiti | 0.8 | 23.43 |
| 4 | 449 | Tom Mathews | Wellington Harriers | 0.8 | 24.23 |
| | 269 | Ian Foster* | Australian Club | 0.8 | 24.91 |
| M16 | | | | | |
| Heat 1 | | | | | |
| 1 | 455 | Shaun McFarlane | Manawatu Wanganui | 1.5 | 22.34 Q |
| 2 | 374 | Alex Jordan | Tasman | 1.5 | 22.56 Q |
| 3 | 577 | Mathew Robinson | Southland | 1.5 | 22.70 Q |
| 4 | 530 | Ben Paltridge | Auckland | 1.5 | 22.80 Q |
| 5 | 353 | James Hutchens | Wellington | 1.5 | 23.76 |
| 6 | 688 | Nicolaas Vickers | Waikato Bay of Plenty | 1.5 | 24.05 |
| 7 | 562 | Sam Ragg | Auckland City At | 1.5 | 24.13 |
| Heat 2 | | | | | |
| 1 | 669 | Tama Toki | Auckland | 2.2 | 22.36 Q |
| 2 | 479 | Joseph Millar | Waikato Bay of Plenty | 2.2 | 22.40 Q |
| 3 | 369 | Todd Johnston | Otago | 2.2 | 22.54 Q |
| 4 | 386 | Dee Jay Kennedy | Southland | 2.2 | 22.93 Q |
| 5 | 693 | Scott Walker | Canterbury | 2.2 | 22.93 |
| 6 | 606 | William Simpson | Wellington | 2.2 | 23.06 |
| 7 | 268 | Toby Flett | Otago | 2.2 | 23.26 |
| 8 | 211 | Malcolm Creelman | Canterbury | 2.2 | 24.00 |

Male - 200m - Final

| Place | Race No | Name | Team | Wind | Time |
|-----------------|---------|-----------------|-----------------|------|-------|
| Open Men | | | | | |
| 1 | 232 | James Dolphin | Auckland | -1.3 | 20.91 |
| 2 | 662 | Jeffrey Thumath | Auckland | -1.3 | 21.02 |
| 3 | 440 | Todd Mansfield | Otago | -1.3 | 21.19 |
| 4 | 549 | Benjamin Potter | Auckland | -1.3 | 21.22 |
| 5 | 131 | Craig Bearda | Auckland | -1.3 | 21.33 |
| 6 | 163 | Matthew Brown | Auckland | -1.3 | 21.35 |
| | 716 | Ray Williams* | Australian Club | -1.3 | 21.41 |
| 7 | 625 | Adam Somerville | Auckland | -1.3 | 21.63 |
| M19 | | | | | |
| 1 | 453 | Clayton Mbofana | Auckland | -2.3 | 21.73 |

| | | | | | |
|---|-----|----------------|-----------------|------|-------|
| 2 | 722 | Michael Wilson | Wellington | -2.3 | 21.83 |
| 3 | 107 | David Ambler | Canterbury | -2.3 | 21.99 |
| 4 | 373 | Tim Jones | Canterbury | -2.3 | 22.17 |
| | 113 | Tim Atkinson* | Australian Club | -2.3 | 22.21 |
| 5 | 521 | Daniel O'Shea | Otago | -2.3 | 22.50 |
| 6 | 691 | Braydon Vo | Auckland | -2.3 | 22.68 |

M16

| | | | | | |
|---|-----|-----------------|-----------------------|------|-------|
| 1 | 455 | Shaun McFarlane | Manawatu Wanganui | -0.9 | 22.23 |
| 2 | 374 | Alex Jordan | Tasman | -0.9 | 22.46 |
| 3 | 479 | Joseph Millar | Waikato Bay of Plenty | -0.9 | 22.54 |
| 4 | 369 | Todd Johnston | Otago | -0.9 | 22.54 |
| 5 | 577 | Mathew Robinson | Southland | -0.9 | 22.62 |
| 6 | 530 | Ben Paltridge | Auckland | -0.9 | 23.21 |
| 7 | 386 | Dee Jay Kennedy | Southland | -0.9 | 23.90 |
| | 669 | Tama Toki | Auckland | -0.9 | DNF |

AWD AMB M

| | | | | | |
|---|-----|-------------------|------------|-----|-------|
| 1 | 610 | Matt Slade | Auckland | 1.3 | 25.77 |
| 2 | 348 | Daryl Humberstone | Canterbury | 1.3 | 35.01 |

AWD W/C M

| | | | | | |
|---|-----|--------------------|------------------|-----|-------|
| 1 | 407 | Matthew Lack | Auckland City At | 0.6 | 28.80 |
| 2 | 466 | Alexander McIntyre | Papanui Toc H At | 0.6 | 29.96 |
| 3 | 368 | Allistair Johnston | Auckland City At | 0.6 | 30.09 |

Female - 400m - Semi Final

| Place | Race No | Name | Team | | Time |
|-------|---------|------|------|--|------|
|-------|---------|------|------|--|------|

W16

Heat 1

| | | | | | |
|---|-----|----------------------|-----------------------|------|-------------|
| 1 | 150 | Hazel Bowering-Scott | Tasman | -1.7 | 1:00.09 Q R |
| 2 | 179 | Katherine Camp | Waikato Bay of Plenty | -1.7 | 1:01.16 Q R |
| 3 | 142 | Megan Blair | Wellington | -1.7 | 1:01.61 R |
| 4 | 199 | Samantha Connor | North Harbour Bays | -1.7 | 1:02.36 R |
| 5 | 224 | Georgie De Latour | Manawatu Wanganui | -1.7 | 1:02.50 R |
| 6 | 187 | Rachael Catley | Pakuranga Athletics | -1.7 | 1:02.64 R |

Heat 2

| | | | | | |
|---|-----|-----------------|-----------------------|------|-------------|
| 1 | 387 | Kathryn Kennedy | Wellington | -1.2 | 58.79 Q |
| 2 | 334 | Elena Hewett | Auckland | -1.2 | 59.24 Q |
| 3 | 325 | Sophie Healey | Auckland | -1.2 | 1:00.45 Q R |
| 4 | 294 | Chanel Gray | Waikato Bay of Plenty | -1.2 | 1:01.59 R |
| 5 | 528 | Corrina Paine | Wellington | -1.2 | 1:01.74 R |
| | 349 | Kirsten Hurley | Auckland | | DQ R |

Heat 3

| | | | | | |
|---|-----|-----------------|--------------------|------|-------------|
| 1 | 700 | Abigail Watson | Canterbury | -1.5 | 58.05 Q |
| 2 | 529 | Victoria Paine | Wellington | -1.5 | 58.87 Q |
| 3 | 580 | Samantha Rogers | North Harbour Bays | -1.5 | 1:00.61 Q R |
| 4 | 622 | Ximena Smith | Auckland | -1.5 | 1:00.72 R |
| 5 | 566 | Sarah Reid | Manawatu Wanganui | -1.5 | 1:03.13 R |
| | 604 | Alysha Simonsen | Taranaki | | DQ R |

Female - 400m - Final

| Place | Race No | Name | Team | | Time |
|-------|---------|------|------|--|------|
|-------|---------|------|------|--|------|

Open Women

| | | | | | |
|---|-----|-------------------|-----------------------|------|-------|
| 1 | 714 | Monique Williams | Auckland | -1.3 | 54.77 |
| 2 | 525 | Charlotte Osborne | Waikato Bay of Plenty | -1.3 | 56.59 |
| | 225 | Salome Dell* | Papua New Guinea | -1.3 | 56.92 |

| | | | | | | |
|------------|-----|----------------------|-----------------------|------|---------|---|
| | 684 | Renee Vandenberg* | Australian Club | -1.3 | 59.22 | |
| 3 | 298 | Kate Grinlinton | Canterbury | -1.3 | 59.23 | |
| 4 | 611 | Jessica Sloan | Waikato Bay of Plenty | -1.3 | 1:00.43 | R |
| | 109 | Trish Andison* | Australian Club | -1.3 | 1:01.80 | R |
| W19 | | | | | | |
| 1 | 594 | Ellen Schaef | Wellington | -1.0 | 57.46 | |
| 2 | 281 | Rebecca Gibson | Southland | -1.0 | 57.79 | |
| 3 | 414 | Bianca Lawrie | Auckland | -1.0 | 58.96 | |
| 4 | 412 | Kirsty Laurence | Auckland | -1.0 | 59.88 | |
| 5 | 446 | Zoe Martin | Waikato Bay of Plenty | -1.0 | 1:00.58 | R |
| 6 | 523 | Katherine Olson | Otago | -1.0 | 1:01.73 | R |
| W16 | | | | | | |
| 1 | 700 | Abigail Watson | Canterbury | -0.3 | 56.48 | |
| 2 | 150 | Hazel Bowering-Scott | Tasman | -0.3 | 56.50 | |
| 3 | 529 | Victoria Paine | Wellington | -0.3 | 57.62 | |
| 4 | 387 | Kathryn Kennedy | Wellington | -0.3 | 58.89 | |
| 5 | 334 | Elena Hewett | Auckland | -0.3 | 59.05 | |
| 6 | 325 | Sophie Healey | Auckland | -0.3 | 59.97 | |
| 7 | 179 | Katherine Camp | Waikato Bay of Plenty | -0.3 | 1:00.16 | R |
| 8 | 580 | Samantha Rogers | North Harbour Bays | -0.3 | 1:01.50 | R |

Male - 400m - Semi Final

| Place | Race No | Name | Team | | Time | |
|-----------------|---------|----------------------------|-----------------------|------|-------|------|
| Open Men | | | | | | |
| Heat 1 | | | | | | |
| 1 | 357 | Cory Innes | Otago | -3.3 | 49.97 | Q |
| 2 | 151 | Mark Bradcock | Wellington | -3.3 | 50.27 | Q |
| | 318 | Peter Harrison* | Australian Club | -3.3 | 50.66 | Q |
| 3 | 393 | Hautahi Kingi | Wellington | -3.3 | 50.97 | Q |
| 4 | 101 | Jarrod Adams | Otago | -3.3 | 52.90 | |
| Heat 2 | | | | | | |
| | 687 | Niko Verekaita* | Fiji | -0.6 | 48.45 | Q |
| | 656 | Alistair Thomas* | Great Britain | -0.6 | 49.08 | Q |
| 1 | 413 | Daniel Lavipour | North Harbour Bays | -0.6 | 50.15 | Q |
| 2 | 450 | Andrew Matsuoka-Webber | Wellington | -0.6 | 52.19 | Q |
| M16 | | | | | | |
| Heat 1 | | | | | | |
| 1 | 577 | Mathew Robinson | Southland | -2.8 | 50.88 | Q |
| 2 | 112 | Joel Armstrong | Canterbury | -2.8 | 51.17 | Q |
| 3 | 177 | Chad Butson | Southland | -2.8 | 52.25 | Q |
| 4 | 508 | Matt Nesbitt | Manawatu Wanganui | -2.8 | 52.32 | Q |
| 5 | 102 | Chris Adamson | Waikato Bay of Plenty | -2.8 | 55.41 | |
| | 286 | Christopher Girling-McLean | Wellington | | | DQ R |
| Heat 2 | | | | | | |
| 1 | 709 | Frazer Wickes | Auckland | -1.8 | 51.51 | Q |
| 2 | 652 | Leslie Taylor | Otago | -1.8 | 51.58 | Q |
| 3 | 558 | Jake Quor | Auckland | -1.8 | 53.31 | Q |
| 4 | 666 | Dillon Todd | Otago | -1.8 | 54.29 | Q |
| 5 | 100 | Alistair Adams | Waikato Bay of Plenty | -1.8 | 55.45 | |

Male - 400m - Final

| Place | Race No | Name | Team | | Time | |
|-----------------|---------|-----------------|------|------|-------|--|
| Open Men | | | | | | |
| | 687 | Niko Verekaita* | Fiji | -2.0 | 46.74 | |

| | | | | | |
|------------------|-----|------------------------|-----------------------|------|---------|
| 1 | 357 | Cory Innes | Otago | -2.0 | 47.42 |
| | 656 | Alistair Thomas* | Great Britain | -2.0 | 48.01 |
| 2 | 151 | Mark Bradcock | Wellington | -2.0 | 48.03 |
| 3 | 413 | Daniel Lavipour | North Harbour Bays | -2.0 | 49.49 |
| | 318 | Peter Harrison* | Australian Club | -2.0 | 50.14 |
| 4 | 393 | Hautahi Kingi | Wellington | -2.0 | 50.59 |
| 5 | 450 | Andrew Matsuoka-Webber | Wellington | -2.0 | 51.93 |
| M19 | | | | | |
| | 113 | Tim Atkinson* | Australian Club | -2.4 | 48.48 |
| 1 | 340 | Alyx Hodgson | Auckland | -2.4 | 49.31 |
| 2 | 227 | Heath Dickson | Otago | -2.4 | 50.03 |
| 3 | 410 | Steven Langdon | Waikato Bay of Plenty | -2.4 | 52.26 |
| 4 | 553 | Hayden Pritchard | Manawatu Wanganui | -2.4 | 52.28 |
| 5 | 210 | Garry Creegan-Almond | Tasman | -2.4 | 52.29 |
| 6 | 607 | Cameron Sinclair | Athletics Carter | -2.4 | 53.17 |
| 7 | 404 | Johan Kvasnicka | Auckland | -2.4 | 53.66 |
| M16 | | | | | |
| 1 | 709 | Frazer Wickes | Auckland | -0.4 | 48.26 |
| 2 | 577 | Mathew Robinson | Southland | -0.4 | 49.22 |
| 3 | 112 | Joel Armstrong | Canterbury | -0.4 | 49.71 |
| 4 | 652 | Leslie Taylor | Otago | -0.4 | 50.96 |
| 5 | 558 | Jake Quor | Auckland | -0.4 | 52.14 |
| 6 | 508 | Matt Nesbitt | Manawatu Wanganui | -0.4 | 52.17 |
| 7 | 666 | Dillon Todd | Otago | -0.4 | 52.79 |
| 8 | 177 | Chad Butson | Southland | -0.4 | 52.97 |
| AWD W/C M | | | | | |
| 1 | 407 | Matthew Lack | Auckland City At | -3.9 | 54.12 |
| 2 | 368 | Allistair Johnston | Auckland City At | -3.9 | 59.32 |
| 3 | 466 | Alexander McIntyre | Papanui Toc H At | -3.9 | 1:00.02 |

Female - 800m - Semi Final

| Place | Race No | Name | Team | | Time |
|-------------------|---------|-------------------|--------------------|------|-----------|
| Open Women | | | | | |
| Heat 1 | | | | | |
| | 225 | Salome Dell* | Papua New Guinea | -2.8 | 2:13.94 Q |
| 1 | 642 | Jacinda Swain | Wellington | -2.8 | 2:14.11 Q |
| | 684 | Renee Vandenberg* | Australian Club | -2.8 | 2:14.77 Q |
| 2 | 181 | Kate Campbell | Auckland | -2.8 | 2:14.94 Q |
| 3 | 441 | Jacqueline Manson | Canterbury | -2.8 | 2:14.99 Q |
| 4 | 158 | Elaine Brent | Wellington | -2.8 | 2:17.49 |
| 5 | 582 | Laura Roozendaal | North Harbour Bays | -2.8 | 2:18.27 |
| Heat 2 | | | | | |
| 1 | 597 | Rosa Scott | Canterbury | -2.9 | 2:18.13 Q |
| 2 | 524 | Elizabeth Orchard | Auckland | -2.9 | 2:18.63 Q |
| | 114 | Margaret Atthow* | Australian Club | -2.9 | 2:18.84 Q |
| 3 | 208 | Sarah Cowley | Auckland | -2.9 | 2:20.94 |
| 4 | 123 | Alana Barber | Auckland City At | -2.9 | 2:26.03 |
| W16 | | | | | |
| Heat 1 | | | | | |
| 1 | 613 | Angela Smit | Canterbury | 0.1 | 2:15.79 Q |
| 2 | 396 | Emily Kinsler | Auckland | 0.1 | 2:15.85 Q |
| 3 | 543 | Annika Pfitzinger | North Harbour Bays | 0.1 | 2:17.10 Q |
| 4 | 663 | Porsche Tiavale | Auckland | 0.1 | 2:23.74 Q |
| 5 | 164 | Philippa Brown | North Harbour Bays | 0.1 | 2:25.54 |
| 6 | 140 | Ariana Blackwood | Manawatu Wanganui | 0.1 | 2:30.48 |

Heat 2

| | | | | | |
|---|-----|------------------|-----------------------|------|-----------|
| 1 | 578 | Anna Roche | Wellington | -0.8 | 2:18.51 Q |
| 2 | 203 | Sophie Corbridge | Auckland | -0.8 | 2:18.52 Q |
| 3 | 336 | Chloe Higson | Auckland | -0.8 | 2:20.07 Q |
| 4 | 296 | Rebekah Greene | Otago | -0.8 | 2:20.83 Q |
| 5 | 381 | Poppy Kelt | Hawkes Bay Gisborne | -0.8 | 2:25.04 |
| 6 | 664 | Kylie Tietjens | Waikato Bay of Plenty | -0.8 | 2:25.57 |

Female - 800m - Final

| Place | Race No | Name | Team | Time |
|-------------------|---------|-------------------|-----------------------|---------|
| Open Women | | | | |
| 1 | 642 | Jacinda Swain | Wellington | 2:11.64 |
| | 225 | Salome Dell* | Papua New Guinea | 2:11.76 |
| | 114 | Margaret Atthow* | Australian Club | 2:12.60 |
| | 684 | Renee Vandenberg* | Australian Club | 2:12.95 |
| 2 | 181 | Kate Campbell | Auckland | 2:13.59 |
| 3 | 524 | Elizabeth Orchard | Auckland | 2:13.84 |
| 4 | 597 | Rosa Scott | Canterbury | 2:15.36 |
| 5 | 441 | Jacqueline Manson | Canterbury | 2:16.74 |
| W19 | | | | |
| | 306 | Nikki Hamblin* | Great Britain | 2:08.66 |
| 1 | 731 | Katie Wright | Auckland | 2:09.97 |
| 2 | 176 | Camille Buscomb | Waikato Bay of Plenty | 2:12.50 |
| 3 | 262 | Lauren Fayen | Wellington | 2:13.07 |
| 4 | 539 | Kelsi Patterson | Auckland | 2:13.35 |
| 5 | 608 | Laura Sinclair | Waikato Bay of Plenty | 2:15.96 |
| 6 | 708 | Paula Whiting | Otago | 2:16.55 |
| 7 | 304 | Ashleigh Hall | Canterbury | 2:17.18 |
| 8 | 414 | Bianca Lawrie | Auckland | 2:21.83 |
| W16 | | | | |
| 1 | 613 | Angela Smit | Canterbury | 2:10.37 |
| 2 | 578 | Anna Roche | Wellington | 2:11.52 |
| 3 | 396 | Emily Kinsler | Auckland | 2:12.00 |
| 4 | 203 | Sophie Corbridge | Auckland | 2:13.16 |
| 5 | 543 | Annika Pfitzinger | North Harbour Bays | 2:15.11 |
| 6 | 336 | Chloe Higson | Auckland | 2:18.71 |
| 7 | 296 | Rebekah Greene | Otago | 2:21.39 |
| 8 | 663 | Porsche Tiavale | Auckland | 2:22.53 |

Male - 800m - Semi Final

| Place | Race No | Name | Team | Time | |
|-----------------|---------|--------------------|---------------------|------|-----------|
| Open Men | | | | | |
| Heat 1 | | | | | |
| | 627 | Arnold Sorina* | Vanuatu | -0.9 | 1:54.01 Q |
| 1 | 322 | Tim Hawkes | Wellington | -0.9 | 1:54.26 Q |
| 2 | 316 | Matthew Harris | Canterbury | -0.9 | 1:54.70 Q |
| 3 | 591 | Neil Sampson | Wellington | -0.9 | 1:55.26 Q |
| 4 | 614 | Aniel Smith | Auckland | -0.9 | 1:55.89 Q |
| 5 | 307 | Paul Hamblyn | North Harbour Bays | -0.9 | 1:56.23 |
| 6 | 421 | James List | Otago | -0.9 | 1:58.88 |
| 7 | 519 | Matthew O'Donoghue | Auckland University | -0.9 | 2:04.33 |
| Heat 2 | | | | | |
| | 218 | Aunese Curreen* | Samoa | -5.9 | 1:55.39 Q |
| 1 | 401 | Josh Komen | Canterbury | -5.9 | 1:55.64 Q |
| 2 | 631 | David Stacey | Wellington | -5.9 | 1:55.84 Q |

| | | | | | |
|---|-----|-------------------|--------------------------|------|---------|
| | 696 | Leo Walter* | Australian Club | -5.9 | 1:56.48 |
| 3 | 634 | Adam Steinmetz | Wellington | -5.9 | 1:56.72 |
| 4 | 537 | Matthew Parsonage | Waikato Bay of Plenty | -5.9 | 1:56.94 |
| | 379 | Kevin Kapmatana* | Papua New Guinea | -5.9 | 1:58.81 |
| 5 | 733 | Joel Wyatt | Valleys United Athletics | -5.9 | 2:00.70 |

M19

Heat 1

| | | | | | |
|---|-----|-------------------|-----------------------|------|-----------|
| 1 | 149 | Dallas Bowden | Tasman | -1.2 | 1:56.55 Q |
| 2 | 234 | Hayden Donnelly | Manawatu Wanganui | -1.2 | 1:57.04 Q |
| 3 | 707 | Michael Whitehead | Auckland | -1.2 | 1:57.91 Q |
| 4 | 206 | Tim Cornish | Wellington | -1.2 | 1:58.31 Q |
| 5 | 571 | William Riley | Auckland | -1.2 | 1:58.34 Q |
| 6 | 410 | Steven Langdon | Waikato Bay of Plenty | -1.2 | 1:58.73 |
| 7 | 169 | Simon Bunckenburg | Canterbury | -1.2 | 2:00.31 |

Heat 2

| | | | | | |
|---|-----|----------------|-----------------|------|-----------|
| 1 | 581 | Simon Rogers | Wellington | -1.3 | 1:58.83 Q |
| | 168 | Daniel Bulmer* | Australian Club | -1.3 | 2:00.39 Q |
| 2 | 486 | Callan Moody | Otago | -1.3 | 2:00.73 Q |
| 3 | 518 | Luke O'Donnell | Wellington | -1.3 | 2:01.43 |
| 4 | 395 | Scott Kinnear | Wellington | -1.3 | 2:01.99 |
| 5 | 601 | Scott Sidon | Otago | -1.3 | 2:02.18 |

M16

Heat 1

| | | | | | |
|---|-----|-----------------|-----------------------|------|-----------|
| 1 | 184 | Corey Casey | Wellington | -0.7 | 2:00.63 Q |
| 2 | 305 | Tom Hall | Waikato Bay of Plenty | -0.7 | 2:00.83 Q |
| 3 | 484 | Zaid Mohammed | Auckland | -0.7 | 2:01.50 Q |
| 4 | 135 | Max Biggs | Wellington | -0.7 | 2:03.65 Q |
| 5 | 497 | Matthew Murdoch | Wellington | -0.7 | 2:10.10 |
| 6 | 229 | Joe Dixon | Tasman | -0.7 | 2:11.11 |

Heat 2

| | | | | | |
|---|-----|----------------|--------------------------|------|-----------|
| 1 | 293 | Cameron Graves | Auckland | -2.2 | 2:04.02 Q |
| 2 | 618 | Nelson Smith | Auckland | -2.2 | 2:04.64 Q |
| 3 | 400 | Jonathan Koh | Waitakere City Athletics | -2.2 | 2:05.66 |
| 4 | 200 | Asher Cook | Waikato Bay of Plenty | -2.2 | 2:06.30 |
| 5 | 248 | Rory English | Wellington Harriers | -2.2 | 2:07.81 |

Heat 3

| | | | | | |
|---|-----|----------------|-----------------------|------|-----------|
| 1 | 126 | Nathan Barrett | Wellington | -2.9 | 2:01.98 Q |
| 2 | 119 | Glen Ballam | Southland | -2.9 | 2:02.53 Q |
| 3 | 697 | Cameron Ward | Auckland | -2.9 | 2:04.79 |
| 4 | 310 | Gareth Hand | Auckland | -2.9 | 2:07.16 |
| 5 | 735 | Ryan Yerex | Waikato Bay of Plenty | -2.9 | 2:14.73 |

Male - 800m - Final

| Place | Race No | Name | Team | Time |
|-----------------|---------|-----------------|------------|---------|
| Open Men | | | | |
| | 218 | Aunese Curreen* | Samoa | 1:49.86 |
| 1 | 322 | Tim Hawkes | Wellington | 1:51.61 |
| | 627 | Arnold Sorina* | Vanuatu | 1:52.68 |
| 2 | 401 | Josh Komen | Canterbury | 1:52.76 |
| 3 | 316 | Matthew Harris | Canterbury | 1:53.80 |
| 4 | 591 | Neil Sampson | Wellington | 1:54.10 |
| 5 | 614 | Aniel Smith | Auckland | 1:56.92 |
| | 631 | David Stacey | Wellington | DNF R |
| M19 | | | | |
| 1 | 149 | Dallas Bowden | Tasman | 1:53.62 |

| | | | | |
|---|-----|-------------------|-------------------|---------|
| 2 | 234 | Hayden Donnelly | Manawatu Wanganui | 1:54.21 |
| | 168 | Daniel Bulmer* | Australian Club | 1:55.75 |
| 3 | 581 | Simon Rogers | Wellington | 1:57.18 |
| 4 | 486 | Callan Moody | Otago | 1:58.60 |
| 5 | 571 | William Riley | Auckland | 1:58.76 |
| 6 | 206 | Tim Cornish | Wellington | 1:59.57 |
| | 707 | Michael Whitehead | Auckland | DQ |

M16

| | | | | |
|---|-----|----------------|-----------------------|---------|
| 1 | 119 | Glen Ballam | Southland | 1:56.46 |
| 2 | 305 | Tom Hall | Waikato Bay of Plenty | 1:56.48 |
| 3 | 184 | Corey Casey | Wellington | 1:56.83 |
| 4 | 126 | Nathan Barrett | Wellington | 1:57.55 |
| 5 | 484 | Zaid Mohammed | Auckland | 2:00.65 |
| 6 | 293 | Cameron Graves | Auckland | 2:01.30 |
| 7 | 135 | Max Biggs | Wellington | 2:03.16 |
| 8 | 618 | Nelson Smith | Auckland | 2:05.97 |

AWD W/C M

| | | | | |
|---|-----|--------------------|------------------|---------|
| 1 | 407 | Matthew Lack | Auckland City At | 1:47.99 |
| 2 | 368 | Allistair Johnston | Auckland City At | 2:07.67 |

Female - 1500m - Final

| Place | Race No | Name | Team | | Time |
|-------------------|---------|-------------------|-----------------------|------|---------|
| Open Women | | | | | |
| 1 | 115 | Rowan Baird | Auckland | -1.6 | 4:26.84 |
| 2 | 251 | Alicia Evans | Canterbury | -1.6 | 4:31.23 |
| 3 | 717 | Chanel Williamson | Auckland | -1.6 | 4:32.98 |
| 4 | 698 | Sally Ward | Auckland | -1.6 | 4:38.45 |
| 5 | 317 | Tina Harris | Wellington | -1.6 | 4:39.79 |
| 6 | 596 | Julia Scoones | Canterbury | -1.6 | 4:41.35 |
| 7 | 158 | Elaine Brent | Wellington | -1.6 | 4:41.53 |
| 8 | 181 | Kate Campbell | Auckland | -1.6 | 4:42.30 |
| 9 | 597 | Rosa Scott | Canterbury | -1.6 | 4:46.89 |
| | 114 | Margaret Atthow* | Australian Club | -1.6 | 4:48.30 |
| 10 | 319 | Rachel Harrison | University Canterbury | -1.6 | 4:54.25 |
| 11 | 263 | Katie Fenton | Wellington | -1.6 | 5:00.33 |
| W19 | | | | | |
| | 306 | Nikki Hamblin* | Great Britain | -1.5 | 4:35.23 |
| 1 | 731 | Katie Wright | Auckland | -1.5 | 4:36.62 |
| 2 | 125 | Hannah Barker | Waikato Bay of Plenty | -1.5 | 4:37.22 |
| 3 | 539 | Kelsi Patterson | Auckland | -1.5 | 4:38.48 |
| 4 | 708 | Paula Whiting | Otago | -1.5 | 4:39.16 |
| 5 | 394 | Rachael Kingstone | Auckland | -1.5 | 4:41.64 |
| 6 | 176 | Camille Buscomb | Waikato Bay of Plenty | -1.5 | 4:41.72 |
| 7 | 585 | Barbara Roy | Wellington | -1.5 | 4:43.10 |
| 8 | 608 | Laura Sinclair | Waikato Bay of Plenty | -1.5 | 4:43.70 |
| 9 | 499 | Melissa Murrhny | Waikato Bay of Plenty | -1.5 | 4:47.56 |
| 10 | 390 | Gracie Keown | Auckland | -1.5 | 4:47.87 |
| 11 | 304 | Ashleigh Hall | Canterbury | -1.5 | 4:59.51 |
| 12 | 266 | Anna Fischer | Auckland City At | -1.5 | 5:15.25 |
| W16 | | | | | |
| 1 | 509 | Hannah Newbould | Canterbury | 0.6 | 4:34.58 |
| 2 | 504 | Laura Nagel | Hawkes Bay Gisborne | 0.6 | 4:35.87 |
| 3 | 173 | Olivia Burne | Manawatu Wanganui | 0.6 | 4:37.36 |
| 4 | 172 | Kimberley Burke | Auckland | 0.6 | 4:40.76 |
| 5 | 463 | Nicki McFadzien | Canterbury | 0.6 | 4:43.37 |

| | | | | | |
|----|-----|------------------|--------------------|-----|---------|
| 6 | 355 | Emily Ingoe | Auckland | 0.6 | 4:45.81 |
| 7 | 396 | Emily Kinsler | Auckland | 0.6 | 4:47.63 |
| 8 | 552 | Francesca Priest | Auckland City At | 0.6 | 4:48.07 |
| 9 | 476 | Caroline Mellso | Manawatu Wanganui | 0.6 | 4:51.08 |
| 10 | 296 | Rebekah Greene | Otago | 0.6 | 4:53.39 |
| 11 | 164 | Philippa Brown | North Harbour Bays | 0.6 | 4:55.11 |
| 12 | 683 | Katherine Vance | Wellington | 0.6 | 4:57.39 |

Male - 1500m - Semi Final

| Place | Race No | Name | Team | Time |
|---------------|---------|-----------------------|--------------------------|-----------|
| M19 | | | | |
| Heat 1 | | | | |
| 1 | 629 | Eric Speakman | Hawkes Bay Gisborne | 3:59.98 Q |
| 2 | 183 | Hamish Carson | Wellington | 4:00.76 Q |
| 3 | 451 | Julian Matthews | Tasman | 4:00.79 Q |
| 4 | 536 | Alex Parlane | Auckland | 4:01.00 Q |
| 5 | 311 | James Hand | Auckland | 4:01.05 Q |
| | 168 | Daniel Bulmer* | Australian Club | 4:03.43 Q |
| 6 | 486 | Callan Moody | Otago | 4:07.88 |
| 7 | 117 | Daniel Balchin | Otago | 4:09.01 |
| | 646 | Tupuhoe Tahiti* | Tahiti | 4:12.06 |
| | 641 | Nathan Sutherland* | Australian Club | 4:12.91 |
| 8 | 620 | Ryan Smith | Hatea Athletics | 4:14.38 |
| 9 | 601 | Scott Sidon | Otago | 4:17.12 |
| 10 | 234 | Hayden Donnelly | Manawatu Wanganui | 4:17.85 |
| Heat 2 | | | | |
| 1 | 149 | Dallas Bowden | Tasman | 4:04.11 Q |
| 2 | 478 | Mathew Mildenhall | Auckland | 4:04.35 Q |
| 3 | 581 | Simon Rogers | Wellington | 4:04.59 Q |
| 4 | 139 | Brendon Blacklaws | Wellington | 4:05.11 Q |
| 5 | 728 | Ryan Woolley | Wellington | 4:05.32 Q |
| 6 | 228 | Harry Dixon | Tasman | 4:06.02 Q |
| 7 | 707 | Michael Whitehead | Auckland | 4:08.73 |
| 8 | 637 | Thomas Stewart | Auckland City At | 4:10.52 |
| 9 | 694 | Alex Wallace | Manawatu Wanganui | 4:11.47 |
| 10 | 206 | Tim Cornish | Wellington | 4:12.14 |
| 11 | 586 | Matthew Russ | Tasman | 4:13.68 |
| 12 | 468 | Hamish Mckain | Waikato Bay of Plenty | 4:14.65 |
| 13 | 495 | David Morton | Taranaki | 4:14.65 |
| M16 | | | | |
| Heat 1 | | | | |
| 1 | 126 | Nathan Barrett | Wellington | 4:07.83 Q |
| 2 | 488 | Bryce Morgan | Otago | 4:07.95 Q |
| 3 | 165 | Robert Brown | Otago | 4:08.13 Q |
| 4 | 184 | Corey Casey | Wellington | 4:08.48 Q |
| 5 | 324 | Zak Hawkins | Auckland | 4:08.90 Q |
| 6 | 516 | Ewoud Noordeloos | Tasman | 4:09.53 Q |
| 7 | 679 | Josh Van Dalen | Manawatu Wanganui | 4:10.57 Q |
| 8 | 300 | Tadele Haimanot | Auckland | 4:13.50 Q |
| 9 | 402 | Michael Krause | Wellington | 4:17.45 |
| Heat 2 | | | | |
| 1 | 363 | Jonathan Jackson | Auckland | 4:13.62 Q |
| 2 | 305 | Tom Hall | Waikato Bay of Plenty | 4:13.95 Q |
| 3 | 119 | Glen Ballam | Southland | 4:14.20 Q |
| 4 | 137 | Nicholas Bingham | Wellington | 4:14.25 Q |
| 5 | 595 | John Schreuder | Auckland | 4:14.48 |
| 6 | 686 | Michael Vercoe-Curtis | Waitakere City Athletics | 4:14.71 |
| 7 | 482 | Cameron Mills | Canterbury | 4:19.50 |

| | | | | |
|----|-----|---------------|---------------------|---------|
| 8 | 229 | Joe Dixon | Tasman | 4:21.37 |
| 9 | 339 | Malcolm Hodge | Wellington Scottish | 4:22.84 |
| 10 | 135 | Max Biggs | Wellington | 4:30.08 |

Male - 1500m - Final

| Place | Race No | Name | Team | | Time |
|------------------|---------|--------------------|-----------------------|------|---------|
| Open Men | | | | | |
| 1 | 718 | Nick Willis | Wellington | -1.9 | 3:44.46 |
| | 218 | Aunese Curreen* | Samoa | -1.9 | 3:50.24 |
| 2 | 614 | Aniel Smith | Auckland | -1.9 | 3:51.63 |
| 3 | 221 | Andrew Davidson | Canterbury | -1.9 | 3:51.91 |
| 4 | 316 | Matthew Harris | Canterbury | -1.9 | 3:52.95 |
| 5 | 351 | Luke Hurring | Otago | -1.9 | 3:54.10 |
| 6 | 421 | James List | Otago | -1.9 | 3:55.05 |
| 7 | 537 | Matthew Parsonage | Waikato Bay of Plenty | -1.9 | 3:58.49 |
| 8 | 621 | Stefan Smith | Wellington | -1.9 | 3:59.53 |
| 9 | 401 | Josh Komen | Canterbury | -1.9 | 4:01.93 |
| 10 | 519 | Matthew O'Donoghue | Auckland University | -1.9 | 4:02.72 |
| 11 | 175 | Josiah Burton | Tasman | -1.9 | 4:04.97 |
| 12 | 567 | Benjamin Revell | Hastings Harriers | -1.9 | 4:06.41 |
| | 627 | Arnold Sorina* | Vanuatu | -1.9 | 4:11.55 |
| M19 | | | | | |
| 1 | 478 | Mathew Mildenhall | Auckland | -0.2 | 3:56.39 |
| 2 | 183 | Hamish Carson | Wellington | -0.2 | 3:56.50 |
| 3 | 451 | Julian Matthews | Tasman | -0.2 | 3:57.01 |
| 4 | 149 | Dallas Bowden | Tasman | -0.2 | 3:58.24 |
| 5 | 581 | Simon Rogers | Wellington | -0.2 | 3:58.46 |
| | 168 | Daniel Bulmer* | Australian Club | -0.2 | 4:00.63 |
| 6 | 139 | Brendon Blacklaws | Wellington | -0.2 | 4:01.48 |
| 7 | 728 | Ryan Woolley | Wellington | -0.2 | 4:01.74 |
| 8 | 311 | James Hand | Auckland | -0.2 | 4:02.87 |
| 9 | 629 | Eric Speakman | Hawkes Bay Gisborne | -0.2 | 4:04.98 |
| 10 | 536 | Alex Parlane | Auckland | -0.2 | 4:05.28 |
| 11 | 228 | Harry Dixon | Tasman | -0.2 | 4:06.10 |
| M16 | | | | | |
| 1 | 126 | Nathan Barrett | Wellington | -0.7 | 4:00.35 |
| 2 | 184 | Corey Casey | Wellington | -0.7 | 4:00.94 |
| 3 | 305 | Tom Hall | Waikato Bay of Plenty | -0.7 | 4:03.97 |
| 4 | 488 | Bryce Morgan | Otago | -0.7 | 4:04.31 |
| 5 | 363 | Jonathan Jackson | Auckland | -0.7 | 4:05.85 |
| 6 | 516 | Ewoud Noordeloos | Tasman | -0.7 | 4:07.56 |
| 7 | 324 | Zak Hawkins | Auckland | -0.7 | 4:07.89 |
| 8 | 300 | Tadele Haimanot | Auckland | -0.7 | 4:08.23 |
| 9 | 679 | Josh Van Dalen | Manawatu Wanganui | -0.7 | 4:10.72 |
| 10 | 137 | Nicholas Bingham | Wellington | -0.7 | 4:11.31 |
| 11 | 119 | Glen Ballam | Southland | -0.7 | 4:14.33 |
| 12 | 165 | Robert Brown | Otago | -0.7 | 4:22.03 |
| AWD W/C M | | | | | |
| 1 | 407 | Matthew Lack | Auckland City At | 0.2 | 3:29.62 |

Female - 3000m - Final

| Place | Race No | Name | Team | | Time |
|------------|---------|--------------|----------|--|---------|
| W16 | | | | | |
| 1 | 389 | Esther Keown | Auckland | | 9:59.06 |

| | | | | | |
|----|-----|------------------|--------------------------|----------|---|
| 2 | 509 | Hannah Newbould | Canterbury | 10:04.27 | R |
| 3 | 672 | Danielle Trevis | Taranaki | 10:08.38 | R |
| 4 | 172 | Kimberley Burke | Auckland | 10:13.46 | R |
| 5 | 463 | Nicki McFadzien | Canterbury | 10:21.31 | R |
| 6 | 650 | Christina Taylor | Southland | 10:30.11 | R |
| 7 | 490 | Hannah Morgan | Auckland City At | 10:38.29 | R |
| 8 | 273 | Grace Fursdon | Waitakere City Athletics | 11:04.01 | R |
| 9 | 683 | Katherine Vance | Wellington | 11:16.53 | R |
| 10 | 154 | Renee Braggins | Wellington | 11:44.35 | R |

Male - 3000m - Final

| Place | Race No | Name | Team | Time |
|------------|---------|------------------|-----------------------|---------|
| M16 | | | | |
| 1 | 363 | Jonathan Jackson | Auckland | 8:48.89 |
| 2 | 556 | Aaron Pulford | Waikato Bay of Plenty | 8:48.98 |
| 3 | 137 | Nicholas Bingham | Wellington | 8:53.41 |
| 4 | 488 | Bryce Morgan | Otago | 8:55.57 |
| 5 | 300 | Tadele Haimanot | Auckland | 9:01.27 |
| 6 | 171 | Shaun Burgess | Southland | 9:07.28 |
| 7 | 482 | Cameron Mills | Canterbury | 9:22.02 |
| 8 | 186 | Fabian Castle | Pakuranga Athletics | 9:23.16 |
| 9 | 337 | Donald Hilson | Tasman | 9:23.84 |
| 10 | 275 | Simon Gannaway | Canterbury | 9:32.14 |
| 11 | 259 | Hector Farmer | Wellington | 9:36.59 |
| 12 | 540 | Matthew Pavitt | Wellington | 9:44.66 |
| 13 | 339 | Malcolm Hodge | Wellington Scottish | 9:49.05 |
| 14 | 587 | Scott Russell | Pakuranga Athletics | 9:57.09 |

Female - 5000m - Final

| Place | Race No | Name | Team | Time |
|-------------------|---------|-------------------|-----------------------|---------------|
| Open Women | | | | |
| 1 | 616 | Kimberley Smith | Auckland | -2.1 15:19.61 |
| 2 | 115 | Rowan Baird | Auckland | -2.1 16:09.29 |
| 3 | 699 | Samantha Warriner | North Harbour Bays | -2.1 16:16.25 |
| 4 | 724 | Belinda Wimmer | Tasman | -2.1 16:48.63 |
| 5 | 263 | Katie Fenton | Wellington | -2.1 18:02.31 |
| 6 | 319 | Rachel Harrison | University Canterbury | -2.1 18:30.47 |
| W19 | | | | |
| 1 | 390 | Gracie Keown | Auckland | -2.1 18:23.31 |
| 2 | 388 | Annie Keown | Auckland City At | -2.1 18:41.61 |
| 3 | 589 | Romana Salis | Otago | -2.1 20:23.74 |

Male - 5000m - Final

| Place | Race No | Name | Team | Time |
|-----------------|---------|-------------------|---------------------|---------------|
| Open Men | | | | |
| 1 | 727 | Jason Woolhouse | Athletics NZ | -1.8 13:57.79 |
| 2 | 344 | Rowan Hooper | Canterbury | -1.8 14:21.42 |
| 3 | 617 | Matthew Smith | Canterbury | -1.8 14:24.31 |
| 4 | 221 | Andrew Davidson | Canterbury | -1.8 14:38.73 |
| 5 | 351 | Luke Hurring | Otago | -1.8 14:45.51 |
| 6 | 660 | Dougal Thorburn | Wellington | -1.8 14:49.51 |
| 7 | 342 | Kim Hogarth | Canterbury | -1.8 15:04.16 |
| 8 | 619 | Neville Smith | Hawkes Bay Gisborne | -1.8 15:11.16 |
| 9 | 472 | Grant McLean | Wellington | -1.8 15:14.29 |
| 10 | 212 | Jason Cressingham | Wellington | -1.8 15:46.57 |

M19

| | | | | | |
|----|-----|--------------------|---------------------|------|----------|
| 1 | 228 | Harry Dixon | Tasman | -2.8 | 15:16.54 |
| 2 | 360 | Aaron Jackson | Auckland | -2.8 | 15:17.62 |
| 3 | 139 | Brendon Blacklaws | Wellington | -2.8 | 15:21.73 |
| 4 | 728 | Ryan Woolley | Wellington | -2.8 | 15:25.34 |
| 5 | 475 | Peter Meffan | Tasman | -2.8 | 15:32.13 |
| 6 | 128 | Rabah Bashir | North Harbour Bays | -2.8 | 15:39.65 |
| 7 | 162 | Lyndon Brown | Otago | -2.8 | 15:49.60 |
| 8 | 541 | Tony Payne | Otago | -2.8 | 15:51.93 |
| | 641 | Nathan Sutherland* | Australian Club | -2.8 | 15:52.93 |
| 9 | 586 | Matthew Russ | Tasman | -2.8 | 16:28.20 |
| 10 | 155 | Nathan Bramley | Wellington Scottish | -2.8 | 16:28.23 |
| | 646 | Tupuhoe Tahiti* | Tahiti | -2.8 | 16:28.31 |
| 11 | 423 | Andrew Lloyd | Wellington Scottish | -2.8 | 16:28.97 |

Female - 4x100m Relay - Final

| Place | Race No | Name | Team | Time |
|-------|---------|------|------|------|
|-------|---------|------|------|------|

Open Women

| | | | | |
|---|--|-------------------------|-----------------------|-------|
| 1 | | Otago A | Otago | 46.77 |
| 2 | | Auckland A | Auckland | 47.21 |
| 3 | | Waikato Bay of Plenty A | Waikato Bay of Plenty | 48.62 |
| 4 | | Waikato Bay of Plenty B | Waikato Bay of Plenty | 49.03 |

W19

| | | | | |
|---|--|-------------------------|-----------------------|-------|
| 1 | | Auckland A | Auckland | 48.54 |
| 2 | | Canterbury A | Canterbury | 49.10 |
| 3 | | Wellington A | Wellington | 49.41 |
| 4 | | Waikato Bay of Plenty A | Waikato Bay of Plenty | 50.14 |
| 5 | | Otago A | Otago | 51.25 |
| 6 | | Manawatu Wanganui A | Manawatu Wanganui | 51.56 |

W16

| | | | | | |
|---|--|-------------------------|-----------------------|-------|---|
| 1 | | Auckland A | Auckland | 47.96 | R |
| 2 | | Canterbury A | Canterbury | 48.93 | |
| 3 | | Waikato Bay of Plenty A | Waikato Bay of Plenty | 49.76 | |
| 4 | | Auckland B | Auckland | 50.44 | |
| 5 | | Manawatu Wanganui A | Manawatu Wanganui | 50.52 | |
| 6 | | Taranaki A | Taranaki | 52.46 | |

Male - 4x100m Relay - Semi Final

| Place | Race No | Name | Team | Time |
|-------|---------|------|------|------|
|-------|---------|------|------|------|

M16**Heat 1**

| | | | | | |
|---|--|-------------------------|-----------------------|-------|---|
| 1 | | Auckland A | Auckland | 43.83 | Q |
| 2 | | Otago A | Otago | 44.43 | Q |
| 3 | | Manawatu Wanganui A | Manawatu Wanganui | 44.63 | Q |
| 4 | | Waikato Bay of Plenty A | Waikato Bay of Plenty | 45.28 | Q |
| | | Guest A* | Guest | 47.89 | |

Heat 2

| | | | | | |
|---|--|--------------|------------|-------|---|
| 1 | | Canterbury A | Canterbury | 43.66 | Q |
| 2 | | Wellington A | Wellington | 44.09 | Q |
| 3 | | Taranaki A | Taranaki | 44.95 | Q |
| 4 | | Auckland B | Auckland | 45.04 | Q |

Male - 4x100m Relay - Final

| Place | Race No | Name | Team | Time |
|-----------------|---------|-------------------------|-----------------------|-------|
| Open Men | | | | |
| 1 | | Otago A | Otago | 41.14 |
| 2 | | Auckland A | Auckland | 41.73 |
| 3 | | Wellington A | Wellington | 43.12 |
| M19 | | | | |
| 1 | | Canterbury A | Canterbury | 42.99 |
| 2 | | Manawatu Wanganui A | Manawatu Wanganui | 43.60 |
| 3 | | Wellington A | Wellington | 44.18 |
| 4 | | Waikato Bay of Plenty A | Waikato Bay of Plenty | 45.04 |
| | | Auckland A | Auckland | DQ |
| | | Auckland B | Auckland | DQ |
| M16 | | | | |
| 1 | | Canterbury A | Canterbury | 43.48 |
| 2 | | Otago A | Otago | 43.84 |
| 3 | | Auckland A | Auckland | 44.01 |
| 4 | | Wellington A | Wellington | 44.63 |
| 5 | | Waikato Bay of Plenty A | Waikato Bay of Plenty | 45.30 |
| 6 | | Manawatu Wanganui A | Manawatu Wanganui | 45.32 |
| 7 | | Taranaki A | Taranaki | 45.35 |
| 8 | | Auckland B | Auckland | 45.51 |

Female - 4x400m Relay - Final

| Place | Race No | Name | Team | Time |
|-------------------|---------|-------------------------|-----------------------|---------|
| Open Women | | | | |
| 1 | | Auckland A | Auckland | 3:46.84 |
| 2 | | Otago A | Otago | 3:57.77 |
| 3 | | Waikato Bay of Plenty A | Waikato Bay of Plenty | 4:02.39 |
| 4 | | Canterbury A | Canterbury | 4:17.44 |
| W19 | | | | |
| 1 | | Wellington A | Wellington | 3:54.04 |
| 2 | | Auckland A | Auckland | 3:54.74 |
| 3 | | Waikato Bay of Plenty A | Waikato Bay of Plenty | 4:00.96 |
| 4 | | Waikato Bay of Plenty B | Waikato Bay of Plenty | 4:05.78 |
| 5 | | Canterbury A | Canterbury | 4:06.89 |
| 6 | | Manawatu Wanganui A | Manawatu Wanganui | 4:14.67 |
| 7 | | Otago A | Otago | 4:18.93 |
| 8 | | Southland A | Southland | 4:19.44 |
| W16 | | | | |
| 1 | | Canterbury A | Canterbury | 3:52.57 |
| 2 | | Wellington A | Wellington | 3:56.75 |
| 3 | | Auckland A | Auckland | 4:00.98 |
| 4 | | Auckland B | Auckland | 4:01.78 |
| 5 | | Waikato Bay of Plenty A | Waikato Bay of Plenty | 4:11.86 |
| 6 | | North Harbour Bays A | North Harbour Bays | 4:13.93 |
| 7 | | Manawatu Wanganui B | Manawatu Wanganui | 4:15.81 |

Male - 4x400m Relay - Final

| Place | Race No | Name | Team | Time |
|-----------------|---------|---------|-------|---------|
| Open Men | | | | |
| 1 | | Otago A | Otago | 3:11.36 |

| | | | |
|---|----------------|--------------|---------|
| 2 | Auckland A | Auckland | 3:13.92 |
| 3 | Oceania Club A | Oceania Club | 3:14.48 |
| 4 | Wellington A | Wellington | 3:14.93 |

M19

| | | | |
|---|---------------------|-------------------|---------|
| 1 | Canterbury A | Canterbury | 3:22.56 |
| 2 | Wellington A | Wellington | 3:24.24 |
| 3 | Auckland B | Auckland | 3:25.91 |
| 4 | Tasman A | Tasman | 3:29.41 |
| 5 | Manawatu Wanganui A | Manawatu Wanganui | 3:30.57 |
| 6 | Otago A | Otago | 3:38.01 |
| | Auckland A | Auckland | DQ |

M16

| | | | |
|---|-------------------------|-----------------------|---------|
| 1 | Auckland A | Auckland | 3:25.30 |
| 2 | Southland A | Southland | 3:27.71 |
| 3 | Waikato Bay of Plenty A | Waikato Bay of Plenty | 3:32.67 |
| 4 | Otago A | Otago | 3:33.64 |
| 5 | Manawatu Wanganui A | Manawatu Wanganui | 3:34.08 |
| 6 | Waikato Bay of Plenty B | Waikato Bay of Plenty | 3:45.59 |

Female - 100m Hurdles - Semi Final

| Place | Race No | Name | Team | Wind | Time |
|---------------|---------|--------------------|-----------------------|------|---------|
| W19 | | | | | |
| Heat 1 | | | | | |
| 1 | 491 | Fiona Morrison | Canterbury | -0.4 | 15.03 Q |
| 2 | 303 | Tracey Hale | Waikato Bay of Plenty | -0.4 | 15.10 Q |
| 3 | 207 | Rochelle Coster | Auckland | -0.4 | 15.29 Q |
| | 223 | Rachel Day* | Australian Club | -0.4 | 15.85 Q |
| 4 | 538 | Gillian Patterson | Otago | -0.4 | 16.30 Q |
| Heat 2 | | | | | |
| 1 | 420 | Esther Liong | Canterbury | -2.7 | 16.57 Q |
| 2 | 371 | Elizabeth Jones | Auckland | -2.7 | 16.64 Q |
| 3 | 398 | Jaimee Kynyn | Manawatu Wanganui | -2.7 | 17.72 Q |
| 4 | 569 | Asha Rhodes | Taranaki | -2.7 | 18.12 |
| W16 | | | | | |
| Heat 1 | | | | | |
| 1 | 106 | Georgina Allison | Canterbury | -3.8 | 15.12 Q |
| 2 | 467 | Emma McIntyre | Phoenix Athletics | -3.8 | 16.74 Q |
| 3 | 429 | Paige Lowe | Manawatu Wanganui | -3.8 | 16.93 Q |
| 4 | 564 | Sarah Ratcliffe | Waikato Bay of Plenty | -3.8 | 20.99 |
| | 243 | Rachel Duff | Manawatu Wanganui | -3.8 | DQ |
| | 136 | Portia Bing | Auckland | -3.8 | DQ |
| Heat 2 | | | | | |
| 1 | 644 | Phillipa Symes | Manawatu Wanganui | -1.9 | 14.90 Q |
| 2 | 146 | Olivia Blundell | Wellington | -1.9 | 14.98 Q |
| 3 | 120 | Zoe Ballantyne | Auckland | -1.9 | 15.01 Q |
| 4 | 133 | Kelsey Berryman | Canterbury | -1.9 | 15.18 Q |
| 5 | 547 | Sarah Podmore | Waikato Bay of Plenty | -1.9 | 15.79 Q |
| 6 | 129 | Leesa Bathgate | Otago | -1.9 | 16.23 |
| 7 | 705 | Melanie Weitenberg | Manawatu Wanganui | -1.9 | 16.91 |

Female - 100m Hurdles - Final

| Place | Race No | Name | Team | Wind | Time |
|-------------------|---------|---------------|-------|------|-------|
| Open Women | | | | | |
| 1 | 481 | Andrea Miller | Otago | -0.5 | 13.85 |

| | | | | | |
|------------|-----|-------------------|-----------------------|------|-------|
| | 214 | Fiona Cullen* | Australian Club | -0.5 | 14.10 |
| | 457 | Shannon McCann* | Australian Club | -0.5 | 15.10 |
| 2 | 671 | Veronica Torr | Auckland | -0.5 | 15.57 |
| W19 | | | | | |
| 1 | 207 | Rochelle Coster | Auckland | -2.7 | 14.75 |
| 2 | 491 | Fiona Morrison | Canterbury | -2.7 | 14.76 |
| 3 | 303 | Tracey Hale | Waikato Bay of Plenty | -2.7 | 14.94 |
| 4 | 538 | Gillian Patterson | Otago | -2.7 | 16.18 |
| 5 | 371 | Elizabeth Jones | Auckland | -2.7 | 16.28 |
| 6 | 398 | Jaimee Knyn | Manawatu Wanganui | -2.7 | 16.28 |
| 7 | 420 | Esther Liong | Canterbury | -2.7 | 16.38 |
| | 223 | Rachel Day* | Australian Club | -2.7 | 17.32 |
| W16 | | | | | |
| 1 | 106 | Georgina Allison | Canterbury | | 14.56 |
| 2 | 146 | Olivia Blundell | Wellington | | 14.79 |
| 3 | 133 | Kelsey Berryman | Canterbury | | 14.86 |
| 4 | 644 | Phillipa Symes | Manawatu Wanganui | | 14.97 |
| 5 | 120 | Zoe Ballantyne | Auckland | | 15.00 |
| 6 | 547 | Sarah Podmore | Waikato Bay of Plenty | | 15.86 |
| 7 | 467 | Emma McIntyre | Phoenix Athletics | | 16.07 |
| 8 | 429 | Paige Lowe | Manawatu Wanganui | | 16.65 |

Male - 110m Hurdles - Semi Final

| Place | Race No | Name | Team | Wind | Time |
|---------------|---------|------------------|-----------------------|------|---------|
| M19 | | | | | |
| Heat 1 | | | | | |
| 1 | 271 | Kieran Fowler | Otago | -1.1 | 15.46 Q |
| 2 | 442 | Simon Manson | Auckland | -1.1 | 16.10 Q |
| 3 | 427 | Robert Lord | Canterbury | -1.1 | 16.53 Q |
| 4 | 570 | Cam Richards | Tasman | -1.1 | 16.83 Q |
| 5 | 428 | Henry Lourie | Manawatu Wanganui | -1.1 | 16.97 Q |
| Heat 2 | | | | | |
| 1 | 653 | Shay Taylor | Auckland | -0.2 | 15.49 Q |
| 2 | 651 | Jordan Taylor | Waikato Bay of Plenty | -0.2 | 15.57 Q |
| 3 | 415 | Daniel Laws | Canterbury | -0.2 | 17.19 Q |
| 4 | 240 | Ettiene Du Preez | Auckland | -0.2 | 17.66 |

Male - 110m Hurdles - Final

| Place | Race No | Name | Team | Wind | Time |
|-----------------|---------|--------------------|-----------------------|------|-------|
| Open Men | | | | | |
| 1 | 494 | James Mortimer | Auckland | 0.1 | 14.30 |
| 2 | 510 | Brent Newdick | Auckland | 0.1 | 14.96 |
| 3 | 590 | Ah Chong Sam Chong | North Harbour Bays | 0.1 | 16.94 |
| M19 | | | | | |
| 1 | 271 | Kieran Fowler | Otago | -1.0 | 14.93 |
| 2 | 653 | Shay Taylor | Auckland | -1.0 | 15.35 |
| 3 | 651 | Jordan Taylor | Waikato Bay of Plenty | -1.0 | 15.49 |
| 4 | 570 | Cam Richards | Tasman | -1.0 | 16.56 |
| 5 | 442 | Simon Manson | Auckland | -1.0 | 16.79 |
| 6 | 415 | Daniel Laws | Canterbury | -1.0 | 16.95 |
| 7 | 428 | Henry Lourie | Manawatu Wanganui | -1.0 | 17.03 |
| 8 | 427 | Robert Lord | Canterbury | -1.0 | 17.35 |

M16

| | | | | | |
|---|-----|-------------------|-----------------------|------|-------|
| 1 | 178 | Peter Callagher | Auckland | -0.8 | 14.66 |
| 2 | 196 | Mike Cochrane | Waikato Bay of Plenty | -0.8 | 15.03 |
| 3 | 277 | Werner Geldenhuys | Auckland | -0.8 | 15.31 |
| 4 | 245 | Daniel Dyet | Auckland | -0.8 | 15.56 |
| 5 | 575 | Jared Robinson | Manawatu Wanganui | -0.8 | 15.68 |
| 6 | 358 | Stephen Isaac | Wellington | -0.8 | 15.70 |
| 7 | 544 | Dylan Phillips | Tasman | -0.8 | 17.16 |

Female - 300m Hurdles - Semi Final

| Place | Race No | Name | Team | Time | |
|---------------|---------|--------------------------|-----------------------|-------|---|
| W16 | | | | | |
| Heat 1 | | | | | |
| 1 | 106 | Georgina Allison | Canterbury | 47.60 | Q |
| 2 | 603 | Madeleine Simmonds | Wellington | 49.13 | Q |
| 3 | 179 | Katherine Camp | Waikato Bay of Plenty | 49.24 | Q |
| 4 | 568 | Samantha Reynolds | Auckland | 50.26 | Q |
| 5 | 265 | Caitlin Finnegan-Ramanui | Hamilton City Hawks | 50.60 | |
| Heat 2 | | | | | |
| 1 | 133 | Kelsey Berryman | Canterbury | 46.33 | Q |
| 2 | 120 | Zoe Ballantyne | Auckland | 47.06 | Q |
| 3 | 723 | Rebecca Wilson | North Harbour Bays | 48.16 | Q |
| 4 | 224 | Georgie De Latour | Manawatu Wanganui | 48.20 | Q |

Female - 300m Hurdles - Final

| Place | Race No | Name | Team | Time | |
|------------|---------|--------------------|-----------------------|------|-------|
| W16 | | | | | |
| 1 | 133 | Kelsey Berryman | Canterbury | 0.0 | 44.06 |
| 2 | 106 | Georgina Allison | Canterbury | 0.0 | 44.53 |
| 3 | 179 | Katherine Camp | Waikato Bay of Plenty | 0.0 | 45.76 |
| 4 | 120 | Zoe Ballantyne | Auckland | 0.0 | 46.15 |
| 5 | 224 | Georgie De Latour | Manawatu Wanganui | 0.0 | 48.27 |
| 6 | 603 | Madeleine Simmonds | Wellington | 0.0 | 48.84 |
| 7 | 723 | Rebecca Wilson | North Harbour Bays | 0.0 | 49.75 |
| 8 | 568 | Samantha Reynolds | Auckland | 0.0 | 50.09 |

Male - 300m Hurdles - Final

| Place | Race No | Name | Team | Time | |
|------------|---------|-------------------|-----------------------|------|-------|
| M16 | | | | | |
| 1 | 245 | Daniel Dyet | Auckland | 0.2 | 38.79 |
| 2 | 196 | Mike Cochrane | Waikato Bay of Plenty | 0.2 | 38.86 |
| 3 | 652 | Leslie Taylor | Otago | 0.2 | 39.68 |
| 4 | 277 | Werner Geldenhuys | Auckland | 0.2 | 42.23 |
| 5 | 575 | Jared Robinson | Manawatu Wanganui | 0.2 | 43.87 |
| 6 | 102 | Chris Adamson | Waikato Bay of Plenty | 0.2 | 44.23 |

Female - 400m Hurdles - Final

| Place | Race No | Name | Team | Time | |
|-------------------|---------|----------------|-------------------|------|---------|
| Open Women | | | | | |
| | 456 | Lauren McAdam* | Australian Club | -1.4 | 1:03.79 |
| 1 | 559 | Gemma Radford | Otago | -1.4 | 1:05.78 |
| W19 | | | | | |
| 1 | 491 | Fiona Morrison | Canterbury | -1.0 | 1:04.81 |
| 2 | 398 | Jaimee Knyyn | Manawatu Wanganui | -1.0 | 1:09.41 |
| 3 | 420 | Esther Liong | Canterbury | -1.0 | 1:10.31 |

| | | | | | |
|---|-----|-------------------|-------------------|------|---------|
| 4 | 243 | Rachel Duff | Manawatu Wanganui | -1.0 | 1:11.57 |
| 5 | 429 | Paige Lowe | Manawatu Wanganui | -1.0 | 1:16.97 |
| | 560 | Katherine Radford | Otago | | DQ |
| | 523 | Katherine Olson | Otago | | DQ |

Male - 400m Hurdles - Final

| Place | Race No | Name | Team | | Time |
|-----------------|---------|------------------|---------------------|------|---------|
| Open Men | | | | | |
| 1 | 377 | Nick Kalivati | Wellington | 2.4 | 52.78 |
| 2 | 521 | Daniel O'Shea | Otago | 2.4 | 53.93 |
| 3 | 198 | Kieran Cocks | Auckland | 2.4 | 56.52 |
| 4 | 454 | Callum McConachy | Manawatu Wanganui | 2.4 | 57.75 |
| 5 | 517 | Jack O'Connor | Greymouth Athletics | 2.4 | 59.20 |
| M19 | | | | | |
| 1 | 653 | Shay Taylor | Auckland | -0.9 | 54.07 |
| 2 | 442 | Simon Manson | Auckland | -0.9 | 55.92 |
| 3 | 505 | Nathan Napier | Otago | -0.9 | 59.19 |
| 4 | 427 | Robert Lord | Canterbury | -0.9 | 59.84 |
| 5 | 428 | Henry Lourie | Manawatu Wanganui | -0.9 | 1:01.18 |
| 6 | 415 | Daniel Laws | Canterbury | -0.9 | 1:03.29 |
| | 570 | Cam Richards | Tasman | -0.9 | DNF |

Female - 2000m Steeples - Final

| Place | Race No | Name | Team | | Time |
|------------|---------|------------------|---------------------|-----|---------|
| W16 | | | | | |
| 1 | 672 | Danielle Trevis | Taranaki | 1.7 | 6:59.32 |
| 2 | 650 | Christina Taylor | Southland | 1.7 | 7:21.30 |
| 3 | 713 | Hayley Williams | Auckland | 1.7 | 7:40.51 |
| 4 | 140 | Ariana Blackwood | Manawatu Wanganui | 1.7 | 7:55.25 |
| 5 | 170 | Rebekah Burbery | Pakuranga Athletics | 1.7 | 7:58.44 |

Male - 2000m Steeples - Final

| Place | Race No | Name | Team | | Time |
|------------|---------|-----------------|-----------------------|-----|---------|
| M16 | | | | | |
| 1 | 556 | Aaron Pulford | Waikato Bay of Plenty | 1.4 | 6:03.03 |
| 2 | 701 | Angus Watson | Manawatu Wanganui | 1.4 | 6:25.53 |
| | 253 | Luke Fainges* | Australian Club | 1.4 | 6:30.30 |
| 3 | 425 | Luke Longdill | Auckland | 1.4 | 6:37.40 |
| 4 | 275 | Simon Gannaway | Canterbury | 1.4 | 6:44.35 |
| 5 | 362 | Daniel Jackson | Auckland | 1.4 | 6:48.64 |
| 6 | 411 | Ethan Lankshear | Wellington | 1.4 | 6:51.62 |
| 7 | 167 | Michael Built | Waikato Bay of Plenty | 1.4 | 7:04.95 |

Female - 3000m Steeples - Final

| Place | Race No | Name | Team | | Time |
|-------------------|---------|-----------------|-----------------------|-----|----------|
| Open Women | | | | | |
| 1 | 213 | Fiona Crombie | Canterbury | | 10:15.36 |
| 2 | 448 | Alice Mason | Auckland | | 10:29.58 |
| 3 | 474 | Sarah McSweeney | Waikato Bay of Plenty | | 10:41.02 |
| | 376 | Leonora Joy | Auckland | | DNF |
| W19 | | | | | |
| 1 | 326 | Erin Heasley | Canterbury | 1.9 | 12:09.18 |
| 2 | 589 | Romana Salis | Otago | 1.9 | 12:44.75 |

Male - 3000m Steeples - Final

| Place | Race No | Name | Team | Time | |
|-----------------|---------|---------------|---------------------|---------|----------|
| Open Men | | | | | |
| 1 | 342 | Kim Hogarth | Canterbury | 9:07.68 | |
| 2 | 619 | Neville Smith | Hawkes Bay Gisborne | 9:17.38 | |
| M19 | | | | | |
| 1 | 360 | Aaron Jackson | Auckland | 1.4 | 9:28.49 |
| 2 | 162 | Lyndon Brown | Otago | 1.4 | 9:38.88 |
| 3 | 694 | Alex Wallace | Manawatu Wanganui | 1.4 | 10:10.15 |
| 4 | 122 | Michael Banks | Auckland | 1.4 | 10:18.44 |
| 5 | 219 | Anthony Curry | Pakuranga Athletics | 1.4 | 11:24.84 |

Female - 3000m Walk - Final

| Place | Race No | Name | Team | Time |
|-------------------|---------|----------------------|-----------------------|----------|
| Open Women | | | | |
| 1 | 78 | Rachel Gilberd | Taranaki | 15:06.74 |
| 2 | 86 | Catalina Malone | Canterbury | 15:41.60 |
| 3 | 79 | Julie Helean | North Harbour Bays | 17:45.18 |
| 4 | 98 | Melissa Lee Sullivan | Athletics NZ | 18:09.31 |
| 5 | 72 | Shirley Barber | Auckland City At | 18:40.52 |
| W19 | | | | |
| 1 | 90 | Kate Newitt | Canterbury | 14:54.38 |
| | 97 | Natasha Sorensen* | Australian Club | 16:19.37 |
| 2 | 85 | Kelly Mabbett | Waikato Bay of Plenty | 16:30.13 |
| 3 | 92 | Alison Samson | Wellington | 16:44.41 |
| 4 | 87 | Elizabeth McKay | Hawkes Bay Gisborne | 17:50.13 |
| 5 | 80 | Aleesha Heywood | Hawkes Bay Gisborne | 19:14.78 |
| W16 | | | | |
| 1 | 88 | Natasha Murrhiy | Waikato Bay of Plenty | 16:46.13 |
| 2 | 89 | Fran Myers-Baird | Otago | 16:59.09 |
| 3 | 73 | Maggie Bradley | Auckland | 17:15.68 |
| 4 | 22 | Holly Balme | Waikato Bay of Plenty | 17:41.98 |
| 5 | 75 | Rebecca Clearwater | Canterbury | 18:04.27 |

Male - 3000m Walk - Final

| Place | Race No | Name | Team | Time |
|-----------------|---------|------------------|-----------------------|----------|
| Open Men | | | | |
| 1 | 93 | Tony Sargisson | Auckland | 12:24.20 |
| 2 | 82 | Eric Kemsley | Taranaki | 14:17.82 |
| 3 | 95 | David Sim | Auckland | 14:18.74 |
| 4 | 83 | Gary Little | North Harbour Bays | 16:10.23 |
| 5 | 77 | Mark Geddes | Waikato Bay of Plenty | 17:26.87 |
| | 99 | Rodney Thorne | Pakuranga Athletics | DQ |
| | 74 | Glen Burrell | Taranaki | DQ |
| M19 | | | | |
| 1 | 94 | Nathaniel Shaw | Canterbury | 14:17.16 |
| 2 | 96 | Zach Sinclair | Wellington | 15:59.84 |
| M16 | | | | |
| 1 | 84 | Daniel Lord | Canterbury | 13:13.24 |
| 2 | 81 | Matthew Holcroft | Waikato Bay of Plenty | 17:16.36 |

Female - 10km Walk - Final

| Place | Race No | Name | Team | Time |
|------------|---------|----------------------|-----------------------|---------|
| W19 | | | | |
| 1 | 90 | Kate Newitt | Canterbury | 55.36 |
| 2 | 85 | Kelly Mabbett | Waikato Bay of Plenty | 58.45 |
| 3 | 87 | Elizabeth McKay | Hawkes Bay Gisborne | 1:04.40 |
| 4 | 98 | Melissa Lee Sullivan | Athletics NZ | 1:05.02 |
| 5 | 80 | Aleesha Heywood | Hawkes Bay Gisborne | 1:08.00 |

Male - 10km Walk - Final

| Place | Race No | Name | Team | Time |
|------------|---------|----------------|------------|-------|
| M19 | | | | |
| 1 | 94 | Nathaniel Shaw | Canterbury | 53.02 |
| 2 | 84 | Daniel Lord | Canterbury | 55.36 |
| 3 | 96 | Zach Sinclair | Wellington | 55.47 |

Female - 20km Walk - Final

| Place | Race No | Name | Team | Time |
|-------------------|---------|-----------------|--------------------|---------|
| Open Women | | | | |
| 1 | 78 | Rachel Gilbert | Taranaki | 2:01.17 |
| 2 | 86 | Catalina Malone | Canterbury | 2:10.35 |
| 3 | 72 | Shirley Barber | Auckland City At | 2:20.55 |
| 4 | 76 | Karen Davison | North Harbour Bays | 2:21.38 |
| | 79 | Julie Helean | North Harbour Bays | DQ |

Male - 20km Walk - Final

| Place | Race No | Name | Team | Time |
|-----------------|---------|----------------|--------------------|---------|
| Open Men | | | | |
| 1 | 93 | Tony Sargisson | Auckland | 1:31.40 |
| 2 | 74 | Glen Burrell | Taranaki | 1:38.16 |
| 3 | 82 | Eric Kemsley | Taranaki | 1:48.34 |
| 4 | 95 | David Sim | Auckland | 1:50.09 |
| 5 | 83 | Gary Little | North Harbour Bays | 2:05.17 |

Female - Long Jump - Final

| Place | Race No | Name | Team | Wind | Perf |
|-------------------|---------|---------------------------|-----------------------|------|------|
| Open Women | | | | | |
| 1 | 554 | Marissa Pritchard | Wellington | 3.6 | 5.84 |
| 2 | 385 | Kiri Kendall | Auckland | 2.2 | 5.73 |
| | 226 | Tenika Demamiel* | Australian Club | 3.5 | 5.44 |
| W19 | | | | | |
| 1 | 572 | Mariah Rinui | Waikato Bay of Plenty | 2.4 | 5.98 |
| 2 | 195 | Annabelle Coates | Canterbury | 3.2 | 5.86 |
| 3 | 161 | Haidee Brown | Canterbury | 1.3 | 5.46 |
| 4 | 734 | Sarah Yardley | Waikato Bay of Plenty | 2.0 | 5.40 |
| 5 | 287 | BobbieRose Girven Russell | Wellington | 2.1 | 5.21 |
| | 223 | Rachel Day* | Australian Club | 1.8 | 5.02 |
| 6 | 628 | Harriett Sowman | Wellington | 2.3 | 5.01 |
| 7 | 303 | Tracey Hale | Waikato Bay of Plenty | 0.7 | 4.96 |
| 8 | 197 | Rebecca Cochrane | Waikato Bay of Plenty | 3.8 | 4.63 |
| 9 | 420 | Esther Liong | Canterbury | 0.0 | 4.57 |
| 10 | 682 | Olivia Van Zanten | Manawatu Wanganui | 0.8 | 4.48 |

W16

| | | | | | |
|----|-----|---------------------------|-----------------------|-----|------|
| 1 | 572 | Mariah Ririnui | Waikato Bay of Plenty | 4.0 | 5.90 |
| 2 | 416 | Rebecca LeGrice | Auckland | 1.0 | 5.48 |
| 3 | 287 | BobbieRose Girven Russell | Wellington | 1.8 | 5.35 |
| 4 | 161 | Haidee Brown | Canterbury | 3.6 | 5.33 |
| 5 | 179 | Katherine Camp | Waikato Bay of Plenty | 2.8 | 5.21 |
| 6 | 458 | Marina McCarthy | Canterbury | 2.7 | 5.19 |
| 7 | 192 | Amy Christophers | Waikato Bay of Plenty | 1.8 | 5.09 |
| 8 | 130 | Hannah Bayard | Canterbury | 2.4 | 4.89 |
| | 496 | Kirsty Muir* | Australian Club | 2.1 | 4.88 |
| 9 | 280 | Holly Gibbs | Canterbury | 3.8 | 4.88 |
| 10 | 145 | Philippa Blanks | Taranaki | 1.9 | 4.80 |
| 11 | 194 | Toni Clinton | Auckland | 4.9 | 4.78 |
| | 645 | Patricia Taea* | Cook Islands | 2.2 | 4.77 |
| 12 | 129 | Leesa Bathgate | Otago | 0.1 | 4.71 |
| 13 | 605 | Anne Simpson | North Harbour Bays | 2.5 | 4.49 |
| 14 | 657 | Emma Thomas | Canterbury | 2.1 | 4.41 |
| 15 | 498 | Emma Murfitt | Taranaki | 3.3 | 4.35 |
| 16 | 255 | Kendyl Fake | Taranaki | 0.7 | 4.34 |

Male - Long Jump - Final

| Place | Race No | Name | Team | Wind | Perf |
|-----------------|---------|-------------------|--------------------------|------|------|
| Open Men | | | | | |
| | 250 | Frederic Erin* | France | 2.8 | 7.80 |
| 1 | 662 | Jeffrey Thumath | Auckland | 0.8 | 7.54 |
| | 143 | Rodney Blair* | Australian Club | 0.7 | 7.45 |
| 2 | 533 | Nigel Park | Canterbury | 1.3 | 7.40 |
| 3 | 510 | Brent Newdick | Auckland | 0.6 | 7.10 |
| 4 | 271 | Kieran Fowler | Otago | 2.0 | 6.82 |
| M19 | | | | | |
| 1 | 489 | Dafydd Morgan | Canterbury | 4.2 | 7.02 |
| 2 | 651 | Jordan Taylor | Waikato Bay of Plenty | 4.4 | 6.91 |
| 3 | 584 | Rogan Ross | Otago | 2.4 | 6.90 |
| 4 | 327 | Joseph Heath-Hall | Auckland | 1.6 | 6.67 |
| 5 | 677 | Jayson Ulrich | Auckland | 4.0 | 6.44 |
| 6 | 240 | Ettiene Du Preez | Auckland | 3.0 | 6.33 |
| 7 | 633 | Josh Starkey | Waikato Bay of Plenty | 2.3 | 6.18 |
| 8 | 693 | Scott Walker | Canterbury | 2.6 | 4.17 |
| M16 | | | | | |
| 1 | 643 | Todd Swanson | Southland | 3.6 | 7.09 |
| 2 | 685 | Jason Verburg | Auckland | 1.9 | 6.69 |
| 3 | 384 | John Kendall | Manawatu Wanganui | 1.9 | 6.60 |
| 4 | 353 | James Hutchens | Wellington | 3.0 | 6.56 |
| 5 | 278 | Nicholas Gerrard | Auckland | 2.2 | 6.47 |
| 6 | 725 | Mitchell Wood | Waikato Bay of Plenty | 3.0 | 6.30 |
| 7 | 615 | Craig Smith | Canterbury | 7.3 | 6.16 |
| 8 | 254 | Daniel Fake | Taranaki | 2.9 | 6.09 |
| 9 | 479 | Joseph Millar | Waikato Bay of Plenty | 3.5 | 5.97 |
| 10 | 530 | Ben Paltridge | Auckland | 2.4 | 5.91 |
| 11 | 290 | Ben Graham | Southland | 2.0 | 5.89 |
| 12 | 693 | Scott Walker | Canterbury | 2.0 | 5.81 |
| 13 | 688 | Nicolaas Vickers | Waikato Bay of Plenty | 0.8 | 5.77 |
| 14 | 144 | Jake Blanks | Taranaki | 2.3 | 5.68 |
| 15 | 544 | Dylan Phillips | Tasman | 4.0 | 5.46 |
| 16 | 341 | Rory Hofmans | Taranaki | 1.5 | 5.26 |
| 17 | 279 | Heath Gibb | Waitakere City Athletics | 4.6 | 4.79 |

Female - High Jump - Final

| Place | Race No | Name | Team | Perf |
|-------------------|----------------|---------------------|-----------------------|-------------|
| Open Women | | | | |
| | 239 | Catherine Drummond* | Australian Club | 1.79 |
| 1 | 588 | Sarah Saddleton | Auckland | 1.76 |
| 2 | 554 | Marissa Pritchard | Wellington | 1.73 |
| 3 | 208 | Sarah Cowley | Auckland | 1.70 |
| 4 | 655 | Louise Thayer | Otago | 1.60 |
| W19 | | | | |
| 1 | 408 | Elizabeth Lamb | Auckland | 1.71 |
| 2 | 588 | Sarah Saddleton | Auckland | 1.68 |
| 3 | 655 | Louise Thayer | Otago | 1.60 |
| 4 | 192 | Amy Christophers | Waikato Bay of Plenty | 1.55 |
| 5 | 628 | Harriett Sowman | Wellington | 1.50 |
| W16 | | | | |
| 1 | 408 | Elizabeth Lamb | Auckland | 1.78 |
| 2 | 110 | Tamara Anstis | Auckland | 1.69 |
| 3 | 458 | Marina McCarthy | Canterbury | 1.69 |
| 4 | 241 | Vianca Du Toit | Auckland | 1.60 |
| 5 | 136 | Portia Bing | Auckland | 1.60 |
| 6 | 349 | Kirsten Hurley | Auckland | 1.55 |
| 7 | 370 | Bridgette Jones | Southland | 1.55 |
| 8 | 182 | Harriet Carruthers | Canterbury | 1.50 |
| = | 359 | Anna Isteed | Southland | 1.50 |
| | 496 | Kirsty Muir* | Australian Club | 1.50 |
| 10 | 192 | Amy Christophers | Waikato Bay of Plenty | 1.50 |
| 11 | 498 | Emma Murfitt | Taranaki | 1.50 |
| = | 702 | Chanel Watson | Taranaki | 1.50 |
| 13 | 501 | Charlotte Muschamp | Southland | 1.50 |

Male - High Jump - Final

| Place | Race No | Name | Team | Perf |
|-----------------|----------------|-------------------|-----------------------|-------------|
| Open Men | | | | |
| 1 | 515 | Duncan Noble | Canterbury | 2.05 |
| 2 | 209 | William Crayford | Wellington | 2.00 |
| 3 | 424 | Benn Loh | Canterbury | 2.00 |
| 4 | 217 | Sam Cumming | Canterbury | 1.95 |
| 5 | 573 | Jared Riseborough | North Harbour Bays | 1.90 |
| 6 | 706 | Roger Westbury | Takapuna Athletics | 1.85 |
| M19 | | | | |
| 1 | 424 | Benn Loh | Canterbury | 1.97 |
| 2 | 242 | Victor Du Toit | Auckland | 1.94 |
| 3 | 695 | Mark Walsh | Canterbury | 1.94 |
| 4 | 513 | Matt Nicholls | Waikato Bay of Plenty | 1.91 |
| 5 | 271 | Kieran Fowler | Otago | 1.91 |
| 6 | 487 | Andrew Moore | Tasman | 1.85 |
| 7 | 712 | David Williams | Canterbury | 1.85 |
| 8 | 415 | Daniel Laws | Canterbury | 1.80 |
| 9 | 196 | Mike Cochrane | Waikato Bay of Plenty | 1.80 |
| M16 | | | | |
| 1 | 632 | Regan Standing | Taranaki | 1.94 |
| 2 | 695 | Mark Walsh | Canterbury | 1.91 |
| 3 | 278 | Nicholas Gerrard | Auckland | 1.91 |

| | | | | |
|----|-----|------------------|-----------------------|------|
| 4 | 290 | Ben Graham | Southland | 1.88 |
| 5 | 579 | Jordan Roderique | Wellington | 1.88 |
| 6 | 487 | Andrew Moore | Tasman | 1.85 |
| 7 | 178 | Peter Callagher | Auckland | 1.85 |
| 8 | 196 | Mike Cochrane | Waikato Bay of Plenty | 1.80 |
| 9 | 230 | Hyun Do | Auckland | 1.80 |
| 10 | 688 | Nicolaas Vickers | Waikato Bay of Plenty | 1.70 |

Female - Pole Vault - Final

| Place | Race No | Name | Team | Perf |
|-------|---------|------|------|------|
|-------|---------|------|------|------|

Open Women

| | | | | |
|---|-----|-----------------|---------------------|------|
| 1 | 309 | Melina Hamilton | Hawkes Bay Gisborne | 3.85 |
| 2 | 299 | Amber Grogan | Auckland | 3.55 |
| 3 | 320 | Julia Hart | Auckland | 3.20 |
| = | 118 | Tess Balcomb | Athletics NZ | 3.20 |
| 5 | 382 | Rachel Kemp | Wellington | 3.00 |

W19

| | | | | |
|---|-----|--------------------|--------------|------|
| 1 | 190 | Kerry Charlesworth | Auckland | 3.80 |
| 2 | 320 | Julia Hart | Auckland | 3.30 |
| 3 | 715 | Morgan Williams | Auckland | 3.15 |
| 4 | 382 | Rachel Kemp | Wellington | 3.15 |
| 5 | 118 | Tess Balcomb | Athletics NZ | 2.80 |
| 6 | 435 | Philippa Mackay | Otago | 2.40 |
| 7 | 569 | Asha Rhodes | Taranaki | 2.40 |

W16

| | | | | |
|---|-----|--------------------|--------------------|------|
| 1 | 190 | Kerry Charlesworth | Auckland | 3.55 |
| 2 | 715 | Morgan Williams | Auckland | 3.25 |
| 3 | 464 | Lucy McGall | North Harbour Bays | 2.55 |
| 4 | 182 | Harriet Carruthers | Canterbury | 2.45 |

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Male - Pole Vault - Final

| Place | Race No | Name | Team | Perf |
|-------|---------|------|------|------|
|-------|---------|------|------|------|

Open Men

| | | | | |
|---|-----|-----------|------------|------|
| 1 | 507 | JG Nel | Auckland | 4.80 |
| 2 | 471 | Tim McKee | Canterbury | 4.00 |

M19

| | | | | |
|---|-----|-------------------|------------|------|
| 1 | 471 | Tim McKee | Canterbury | 4.00 |
| 2 | 327 | Joseph Heath-Hall | Auckland | 3.60 |
| 3 | 166 | Stephen Buckley | Auckland | 2.80 |

M16

| | | | | |
|---|-----|----------------|------------|------|
| 1 | 654 | William Taylor | Canterbury | 3.35 |
| 2 | 238 | James Doyle | Auckland | 2.40 |

Female - Triple Jump - Final

| Place | Race No | Name | Team | Wind | Perf |
|-------|---------|------|------|------|------|
|-------|---------|------|------|------|------|

Open Women

| | | | | | |
|---|-----|-------------------|-----------------|------|-------|
| 1 | 554 | Marissa Pritchard | Wellington | 2.4 | 12.73 |
| 2 | 522 | Nneka Okpala | Auckland | -2.0 | 12.50 |
| 3 | 385 | Kiri Kendall | Auckland | 0.0 | 12.31 |
| | 226 | Tenika Demamiel* | Australian Club | 1.2 | 12.05 |
| 4 | 492 | Jill Morrison | Canterbury | 0.0 | 11.01 |

| W19 | | | | | | |
|------------|-----|-------------------|-----------------------|-----|-------|---|
| 1 | 522 | Nneka Okpala | Auckland | 1.5 | 12.77 | R |
| 2 | 195 | Annabelle Coates | Canterbury | 0.6 | 11.48 | |
| 3 | 161 | Haidee Brown | Canterbury | 0.0 | 10.86 | |
| 4 | 734 | Sarah Yardley | Waikato Bay of Plenty | 0.2 | 10.78 | |
| 5 | 682 | Olivia Van Zanten | Manawatu Wanganui | 1.3 | 10.69 | |
| 6 | 280 | Holly Gibbs | Canterbury | 2.1 | 10.61 | |
| 7 | 628 | Harriett Sowman | Wellington | 0.9 | 10.57 | |
| 8 | 674 | Philippa Tuaine | Otago | 2.2 | 10.40 | |
| 9 | 197 | Rebecca Cochrane | Waikato Bay of Plenty | 2.5 | 10.22 | |

| W16 | | | | | | |
|------------|-----|--------------------|-----------------------|-----|-------|---|
| 1 | 387 | Kathryn Kennedy | Wellington | 3.7 | 11.40 | |
| 2 | 192 | Amy Christophers | Waikato Bay of Plenty | 3.7 | 11.34 | |
| 3 | 106 | Georgina Allison | Canterbury | 1.9 | 11.31 | |
| 4 | 161 | Haidee Brown | Canterbury | 2.8 | 11.10 | |
| | 496 | Kirsty Muir* | Australian Club | 3.5 | 10.90 | |
| 5 | 715 | Morgan Williams | Auckland | 2.5 | 10.86 | |
| 6 | 704 | Emma Weenink | Wellington | 0.4 | 10.79 | |
| 7 | 280 | Holly Gibbs | Canterbury | 3.7 | 10.74 | |
| 8 | 133 | Kelsey Berryman | Canterbury | 1.6 | 10.57 | |
| 9 | 644 | Phillipa Symes | Manawatu Wanganui | 0.2 | 10.35 | |
| 10 | 129 | Leesa Bathgate | Otago | 2.4 | 10.31 | |
| 11 | 215 | Stephanie Cullen | Wellington | 3.1 | 10.20 | |
| 12 | 464 | Lucy McGall | North Harbour Bays | 2.4 | 10.18 | |
| 13 | 145 | Philippa Blanks | Taranaki | 2.6 | 10.12 | |
| 14 | 705 | Melanie Weitenberg | Manawatu Wanganui | 2.0 | 9.95 | R |
| 15 | 605 | Anne Simpson | North Harbour Bays | 4.7 | 9.89 | R |
| 16 | 501 | Charlotte Muschamp | Southland | 0.0 | 9.86 | R |
| 17 | 255 | Kendyl Fake | Taranaki | 2.2 | 9.50 | R |
| 18 | 702 | Chanel Watson | Taranaki | 1.7 | 9.50 | R |
| 19 | 182 | Harriet Carruthers | Canterbury | 2.0 | 9.24 | R |

Male - Triple Jump - Final

| Place | Race No | Name | Team | Wind | Perf |
|-----------------|---------|------------------|-----------------------|------|-------|
| Open Men | | | | | |
| 1 | 533 | Nigel Park | Canterbury | 1.1 | 14.29 |
| 2 | 510 | Brent Newdick | Auckland | 0.0 | 14.20 |
| 3 | 409 | David Lane | Wellington | 0.7 | 14.02 |
| 4 | 514 | Charles Nicolson | Auckland | 1.7 | 13.94 |
| 5 | 502 | Dane Myburgh | Auckland | 1.2 | 12.81 |
| M19 | | | | | |
| 1 | 643 | Todd Swanson | Southland | 0.0 | 13.50 |
| 2 | 391 | Geoffrey Kibby | Manawatu Wanganui | 1.1 | 13.40 |
| 3 | 471 | Tim McKee | Canterbury | 0.4 | 12.67 |
| 4 | 584 | Rogan Ross | Otago | 0.0 | 12.46 |
| M16 | | | | | |
| 1 | 643 | Todd Swanson | Southland | 1.9 | 14.05 |
| 2 | 290 | Ben Graham | Southland | 1.7 | 13.23 |
| 3 | 685 | Jason Verburg | Auckland | 1.2 | 13.12 |
| 4 | 254 | Daniel Fake | Taranaki | 0.0 | 13.11 |
| 5 | 530 | Ben Paltridge | Auckland | 0.6 | 13.11 |
| 6 | 384 | John Kendall | Manawatu Wanganui | 2.3 | 13.05 |
| 7 | 264 | Zinzan Fern | Taranaki | 0.0 | 12.69 |
| 8 | 196 | Mike Cochrane | Waikato Bay of Plenty | 1.1 | 12.57 |
| 9 | 615 | Craig Smith | Canterbury | 2.8 | 12.36 |
| 10 | 659 | Scott Thomson | Wellington | 0.3 | 12.03 |

| | | | | | |
|----|-----|----------------|----------|-----|-------|
| 11 | 144 | Jake Blanks | Taranaki | 1.2 | 11.71 |
| 12 | 544 | Dylan Phillips | Tasman | 0.1 | 11.30 |

Female - Shot Put - Final

| Place | Race No | Name | Team | Perf | |
|-------------------|---------|-------------------------|--------------------------|-------|---|
| Open Women | | | | | |
| 1 | 690 | Valerie Vili | Auckland | 20.00 | |
| | 550 | Ana Pouhila* | Tonga | 17.38 | |
| 2 | 350 | Vanessa Hurley | Auckland | 14.09 | |
| 3 | 116 | Emily Baker | Waikato Bay of Plenty | 10.98 | |
| 4 | 459 | Debbie McCaw | Otago | 10.32 | |
| W19 | | | | | |
| 1 | 350 | Vanessa Hurley | Auckland | 14.56 | |
| | 668 | Sinead Tohilima* | Guest | 10.97 | |
| 2 | 397 | Meghan Kirk | Tasman | 10.94 | |
| 3 | 512 | Janelle Nicholas-Wright | Waitakere City Athletics | 9.67 | R |
| W16 | | | | | |
| 1 | 284 | Ayla Gill | Auckland | 12.67 | |
| | 132 | Iesha Beer* | Australian Club | 11.81 | |
| 2 | 302 | Siositina Hakeai | Auckland | 11.43 | |
| 3 | 397 | Meghan Kirk | Tasman | 10.99 | |
| 4 | 237 | Elizabeth Doyle | Takapuna Athletics | 10.84 | |
| 5 | 252 | Courtney Fafeita | Wellington | 9.82 | R |
| 6 | 598 | Melissa Seymour | Tasman | 9.70 | R |
| 7 | 267 | Jodie Fleming | Waikato Bay of Plenty | 9.17 | R |
| 8 | 639 | Brine Styles | Canterbury | 8.90 | R |
| 9 | 244 | Livvie Duggan | Waikato Bay of Plenty | 8.74 | R |
| | 496 | Kirsty Muir* | Australian Club | 8.08 | R |

Male - Shot Put - Final

| Place | Race No | Name | Team | Perf | |
|-----------------|---------|-----------------|-----------------------|-------|---|
| Open Men | | | | | |
| | 392 | Daniel Kilama* | France | 16.55 | |
| 1 | 330 | Pat Hellier | Auckland | 16.04 | |
| 2 | 623 | Damian Smuts | Auckland | 14.34 | |
| 3 | 658 | Richard Thomson | Wellington | 14.11 | |
| 4 | 352 | Jerram Huston | Otago | 13.87 | |
| 5 | 430 | Victor Lusi | University Canterbury | 9.67 | R |
| M19 | | | | | |
| | 185 | Erwan Cassier* | France | 16.58 | |
| 1 | 623 | Damian Smuts | Auckland | 15.98 | |
| 2 | 271 | Kieran Fowler | Otago | 15.10 | |
| 3 | 238 | James Doyle | Auckland | 15.09 | |
| 4 | 166 | Stephen Buckley | Auckland | 14.72 | |
| 5 | 670 | Keri Tongalea | Auckland | 14.69 | |
| M16 | | | | | |
| 1 | 238 | James Doyle | Auckland | 16.73 | |
| 2 | 665 | Ryan Tinkle | Wellington | 15.97 | |
| 3 | 347 | William Hubber | Southland | 14.92 | |
| 4 | 480 | Adam Miller | Manawatu Wanganui | 13.53 | |
| 5 | 356 | Tom Ingram | Taranaki | 13.41 | |
| 6 | 285 | Jacko Gill | Takapuna Athletics | 13.34 | |
| 7 | 695 | Mark Walsh | Canterbury | 13.32 | |

| | | | | |
|---|-----|--------------------|------------|-------|
| 8 | 297 | Joshua Greig | Wellington | 11.95 |
| 9 | 434 | Ben Mackay | Otago | 11.03 |
| | 678 | Alexis Valdenaire* | Tahiti | 10.86 |

Female - Discus - Final

| Place | Race No | Name | Team | Perf |
|-------------------|---------|-------------------------|--------------------------|-------|
| Open Women | | | | |
| 1 | 261 | Beatrice Faumuina | Auckland | 61.73 |
| 2 | 380 | Te Rina Keenan | Auckland | 49.51 |
| 3 | 350 | Vanessa Hurley | Auckland | 43.02 |
| 4 | 354 | Tiana Ikinofu | Waikato Bay of Plenty | 41.44 |
| 5 | 689 | Andrea Vigers | Canterbury | 35.73 |
| W19 | | | | |
| 1 | 380 | Te Rina Keenan | Auckland | 48.78 |
| 2 | 350 | Vanessa Hurley | Auckland | 42.48 |
| 3 | 354 | Tiana Ikinofu | Waikato Bay of Plenty | 39.87 |
| 4 | 252 | Courtney Fafeita | Wellington | 35.91 |
| 5 | 598 | Melissa Seymour | Tasman | 32.82 |
| 6 | 512 | Janelle Nicholas-Wright | Waitakere City Athletics | 31.01 |
| W16 | | | | |
| 1 | 252 | Courtney Fafeita | Wellington | 39.65 |
| 2 | 302 | Siositina Hakeai | Auckland | 33.51 |
| 3 | 598 | Melissa Seymour | Tasman | 33.14 |
| 4 | 244 | Livvie Duggan | Waikato Bay of Plenty | 32.08 |
| 5 | 140 | Ariana Blackwood | Manawatu Wanganui | 30.36 |
| 6 | 639 | Brine Styles | Canterbury | 29.63 |
| 7 | 563 | Julia Ratcliffe | Waikato Bay of Plenty | 25.74 |

Male - Discus - Final

| Place | Race No | Name | Team | Perf |
|-----------------|---------|--------------------|-----------------------|-------|
| Open Men | | | | |
| 1 | 330 | Pat Hellier | Auckland | 47.54 |
| | 185 | Erwan Cassier* | France | 46.87 |
| 2 | 510 | Brent Newdick | Auckland | 45.69 |
| | 392 | Daniel Kilama* | France | 43.14 |
| 3 | 534 | Daniel Parker | Wellington | 40.84 |
| M19 | | | | |
| 1 | 271 | Kieran Fowler | Otago | 50.54 |
| | 185 | Erwan Cassier* | France | 49.02 |
| 2 | 623 | Damian Smuts | Auckland | 47.22 |
| 3 | 670 | Keri Tongalea | Auckland | 46.30 |
| 4 | 166 | Stephen Buckley | Auckland | 44.48 |
| 5 | 651 | Jordan Taylor | Waikato Bay of Plenty | 37.50 |
| M16 | | | | |
| 1 | 238 | James Doyle | Auckland | 49.66 |
| 2 | 665 | Ryan Tinkle | Wellington | 45.17 |
| 3 | 681 | Jan van Niekerk | Waikato Bay of Plenty | 41.42 |
| 4 | 480 | Adam Miller | Manawatu Wanganui | 40.95 |
| 5 | 285 | Jacko Gill | Takapuna Athletics | 39.55 |
| | 678 | Alexis Valdenaire* | Tahiti | 37.26 |
| 6 | 434 | Ben Mackay | Otago | 35.36 |
| 7 | 695 | Mark Walsh | Canterbury | 35.05 |
| 8 | 196 | Mike Cochrane | Waikato Bay of Plenty | 34.73 |

| | | | | |
|------------------|-----|-------------------|-----------------------|-------|
| 9 | 688 | Nicolaas Vickers | Waikato Bay of Plenty | 30.61 |
| | 356 | Tom Ingram | Taranaki | NJ |
| | 297 | Joshua Greig | Wellington | NJ |
| AWD AMB M | | | | |
| 1 | 348 | Daryl Humberstone | Canterbury | 20.70 |
| 2 | 720 | Joseph Wilson | Canterbury | 20.08 |
| 3 | 134 | Julian Bethell | Canterbury | 18.82 |

Female - Javelin - Final

| Place | Race No | Name | Team | Perf |
|-------------------|---------|-----------------------|-----------------------|-------|
| Open Women | | | | |
| | 205 | Laura Cornford* | Australian Club | 49.22 |
| 1 | 291 | Keshia Grant | Waikato Bay of Plenty | 48.45 |
| 2 | 729 | Stephanie Wrathall | Auckland | 44.67 |
| | 703 | Sonia Weatherley* | Australian Club | 43.58 |
| 3 | 141 | Hannah Blair | Otago | 43.06 |
| 4 | 116 | Emily Baker | Waikato Bay of Plenty | 42.79 |
| 5 | 104 | Megan Aikenhead | Waikato Bay of Plenty | 41.32 |
| | 105 | Serafina Akeli* | Samoa | DQ |
| W19 | | | | |
| 1 | 729 | Stephanie Wrathall | Auckland | 44.79 |
| 2 | 104 | Megan Aikenhead | Waikato Bay of Plenty | 42.19 |
| 3 | 280 | Holly Gibbs | Canterbury | 30.54 |
| W16 | | | | |
| 1 | 191 | Philippa Charlesworth | Auckland | 43.42 |
| | 645 | Patricia Taea* | Cook Islands | 32.97 |
| | 496 | Kirsty Muir* | Australian Club | 32.95 |
| 2 | 110 | Tamara Anstis | Auckland | 31.62 |
| 3 | 192 | Amy Christophers | Waikato Bay of Plenty | 30.69 |
| 4 | 244 | Livvie Duggan | Waikato Bay of Plenty | 29.55 |
| 5 | 280 | Holly Gibbs | Canterbury | 29.30 |
| 6 | 267 | Jodie Fleming | Waikato Bay of Plenty | 28.42 |
| 7 | 237 | Elizabeth Doyle | Takapuna Athletics | 25.55 |
| 8 | 140 | Ariana Blackwood | Manawatu Wanganui | 23.91 |

Male - Javelin - Final

| Place | Race No | Name | Team | Perf |
|-----------------|---------|------------------|-----------------------|-------|
| Open Men | | | | |
| 1 | 260 | Stuart Farquhar | Waikato Bay of Plenty | 78.21 |
| | 576 | Josh Robinson* | Australian Club | 75.94 |
| 2 | 612 | Johan Smalberger | Auckland | 67.27 |
| 3 | 157 | Daryl Brand | New Zealand | 66.55 |
| 4 | 510 | Brent Newdick | Auckland | 57.61 |
| 5 | 111 | Guy Archibald | Canterbury | 56.41 |
| 6 | 295 | Arthur Green | Otago | 53.62 |
| 7 | 520 | Cameron O'Neill | Tasman | 53.05 |
| | 375 | Chris Jordan* | Australian Club | 53.04 |
| M19 | | | | |
| 1 | 111 | Guy Archibald | Canterbury | 59.62 |
| 2 | 295 | Arthur Green | Otago | 55.15 |
| 3 | 406 | Adam La Salle | Southland | 53.90 |
| 4 | 520 | Cameron O'Neill | Tasman | 52.47 |
| 5 | 471 | Tim McKee | Canterbury | 47.22 |

| | | | | |
|------------------|-----|------------------|-----------------------|-------|
| 6 | 673 | Alex Truesdale | Canterbury | 46.78 |
| 7 | 607 | Cameron Sinclair | Athletics Carter | 35.60 |
| M16 | | | | |
| 1 | 119 | Glen Ballam | Southland | 56.78 |
| 2 | 238 | James Doyle | Auckland | 50.74 |
| 3 | 681 | Jan van Niekerk | Waikato Bay of Plenty | 50.54 |
| 4 | 695 | Mark Walsh | Canterbury | 46.50 |
| 5 | 735 | Ryan Yerex | Waikato Bay of Plenty | 46.01 |
| 6 | 692 | Will Wadworth | Canterbury | 42.99 |
| 7 | 338 | Kieran Hipkins | Auckland | 42.81 |
| 8 | 711 | Daniel Williams | Hamilton City Hawks | 38.98 |
| 9 | 220 | Jonathan Curry | Pakuranga Athletics | 38.53 |
| 10 | 434 | Ben Mackay | Otago | 37.51 |
| AWD AMB M | | | | |
| 1 | 720 | Joseph Wilson | Canterbury | 22.60 |

Female - Hammer - Final

| Place | Race No | Name | Team | Perf |
|-------------------|---------|----------------------|-----------------------|-------|
| Open Women | | | | |
| 1 | 459 | Debbie McCaw | Otago | 49.70 |
| 2 | 189 | Jessica Charlesworth | Auckland | 49.17 |
| | 550 | Ana Pouhila* | Tonga | 47.95 |
| 3 | 321 | Anna Harvey | Otago | 42.87 |
| 4 | 689 | Andrea Vigers | Canterbury | 39.20 |
| | 703 | Sonia Weatherley* | Australian Club | 34.69 |
| W19 | | | | |
| 1 | 284 | Ayla Gill | Auckland | 48.49 |
| 2 | 321 | Anna Harvey | Otago | 45.06 |
| 3 | 563 | Julia Ratcliffe | Waikato Bay of Plenty | 44.71 |
| 4 | 638 | Bethany Struthers | Otago | 37.75 |
| 5 | 564 | Sarah Ratcliffe | Waikato Bay of Plenty | 34.53 |
| W16 | | | | |
| 1 | 284 | Ayla Gill | Auckland | 45.31 |
| 2 | 563 | Julia Ratcliffe | Waikato Bay of Plenty | 44.54 |
| 3 | 564 | Sarah Ratcliffe | Waikato Bay of Plenty | 35.47 |
| 4 | 237 | Elizabeth Doyle | Takapuna Athletics | 28.29 |

Male - Hammer - Final

| Place | Race No | Name | Team | Perf |
|-----------------|---------|----------------|------------|-------|
| Open Men | | | | |
| | 185 | Erwan Cassier* | France | 61.03 |
| 1 | 366 | Philip Jensen | Auckland | 60.37 |
| 2 | 330 | Pat Hellier | Auckland | 60.28 |
| 3 | 216 | Mark Cumming | Auckland | 50.01 |
| 4 | 534 | Daniel Parker | Wellington | 47.28 |
| 5 | 438 | Graham Mako | Auckland | 39.26 |
| M19 | | | | |
| | 185 | Erwan Cassier* | France | 66.39 |
| 1 | 665 | Ryan Tinkle | Wellington | 51.89 |
| 2 | 356 | Tom Ingram | Taranaki | 46.54 |
| 3 | 623 | Damian Smuts | Auckland | 42.61 |

M16

| | | | | |
|---|-----|--------------------|------------|-------|
| 1 | 665 | Ryan Tinkle | Wellington | 60.80 |
| 2 | 356 | Tom Ingram | Taranaki | 52.84 |
| | 678 | Alexis Valdenaire* | Tahiti | 51.05 |
| 3 | 347 | William Hubber | Southland | 47.95 |
| 4 | 238 | James Doyle | Auckland | 41.83 |
| 5 | 460 | Henry McCook | Canterbury | 32.71 |