

Information for Competitors

General Information

Meeting Administration:

The meeting is controlled by the Meeting Manager.

The meeting Managers' Office is located in the Officials' Room.

Presentation of Sponsors Prizes:

These will be presented shortly after the completion of the event.

The presentation area is located at the end of the main straight.

Protests and Queries:

Protests about results must be made to the meeting Manager's office.

Protests about results must be made firstly to the appropriate Referee.

The Referee's decision may be appealed to the Jury of Appeal in writing and on payment of \$50.

Protests and Appeals must be made within 30 minutes of the announcement of the official results or referee's decision

Paramedic: This service is available from the St John's ambulance located at the North eastern side of the ground beside the Administration Building.

Massage: Available on a user pays basis adjacent to the Paramedic.

Changing Rooms/Showers/Toilets. Located below the grandstand.

Entry to the stadium for athletes and officials is through the northern gate behind the common room.

Reporting for Events

Entry Confirmation: The TIC is located in front of the Officials Room; Athletes must report no later than 45 minutes prior to their start time of their event, however early advice of scratching will be appreciated.

Reporting Requirements:

Track Events; Athletes must report to the Starters Assistant no later than 15 minutes before the scheduled start time for their event.

Field Events; Athletes must report to the Chief Recorder no later than 20 minutes before the scheduled start time for their event. This is to allow adequate time for checking of competitors before warm-up throws or jumps can take place. You can report earlier.

Competition Rules / General Information

Conduct of Events:

Competition will be held under IAAF rules unless specific ANZ rules apply

Mixed Events: Mixed events are eligible for entries from both male and female athletes and will be conducted as one event or trial.

Para Events: These are open events for Para Olympic New Zealand classified athletes only.

Clash of Events: Track events take precedence over field events.

Competitors must get permission from the Chief Judge to leave the field event to go to another event.

Competition Numbers:

All competitors will be issued with a competition number. This must be worn on the front of your uniform. Number must be fully visible at all times when competing. Do NOT fold, trim or tuck it inside your shorts. Competitors in the **pole vault** may wear the number on the back of your uniform during the competition.

Spikes: Pyramid and cone spikes are the only spikes permitted on the Porritt Track. The spike length for track and long jump is 6mm.

The high jump and Javelin maximum length is 9 mm.

Safety Issues

Access to the competition Area.

The competition area is defined as the area inside of the pipe and rail fence that runs around the perimeter of the track. The only persons permitted access at all times are athletes competing in an event at the time, and officials conducting the event. Prior approved persons may enter the competition area and will be required to wear distinctive safety clothing. These persons must present themselves to the meeting manager prior to entry e.g. Press

Athletes and Officials must not cross the inner competition area or the main straight for any reason. To reach your competition area you should go around the outside of the track to a point which allows you to cross the track and the infield to your competition area by the shortest route.

Warm Up areas.

EXCEPT for authorised warm-up throws or jumps, under the control of field event officials prior to events, warming up must **NOT** take place in the competition area. The warm up area is the playing fields adjacent to the stadium. To ensure that there is no access by others during warm-up throws, athletes using the external throwing area must only do so if accompanied by another person.

When warming up outside the competition area it is your individual responsibility to ensure you're warm- up activities do not endanger yourself, other competitors or members of the general public.