

Licensed to Massey University HY-TEK's Meet Manager 14/12/2014 02:06 PM  
 North Island Championships - 13/12/2014  
 Manawaty Community Athletic Track  
 Results

Women 100 Meter Sprint

| Stadium Reco: 12.01 15/12/2001 Caro Hunt |     |                  |        |      |    |
|--|-----|------------------|--------|------|----|
| Name                                     | Age | Team             | Finals | Wind | H# |
| Finals                                   |     |                  |        |      |    |
| 1 Berryman, Kelsey                       | 22  | Christchurch Old | 12.16  | -0.2 | 1  |
| 2 Hulls, Georgia                         | 15  | Hastings         | 12.58  | -0.2 | 1  |
| 3 Edwards, Phoebe                        | 16  | WHAC             | 12.71  | -0.2 | 1  |
| 4 Keenan, Mackenzie                      | 20  | Christchurch Old | 12.77  | -0.2 | 1  |
| 5 McLeod, Hannah                         | 20  | Lower Hutt       | 12.82  | -0.2 | 1  |
| 6 Stewart, Abby                          | 15  | WHAC             | 12.85  | -1.0 | 2  |
| 7 Blair, Megan                           | 21  | Mana             | 12.91  | -0.2 | 1  |
| 8 Churton, Toyah                         | 16  | Wairarapa        | 13.11  | -1.0 | 2  |
| 9 Chapman, Sian                          | 18  | Wairarapa        | 13.30  | -0.2 | 1  |
| 10 Forman, Elise                         | 15  | WHAC             | 13.33  | -1.0 | 2  |
| 11 Whiteman, Monique                     | 13  | Pnahc            | 13.37  | -1.0 | 2  |
| 12 Walsh, Courtney                       |     | Pnahc            | 13.68  | -1.0 | 2  |

Women 200 Meter Sprint

| Stadium Reco: 24.78 4/02/2012 Portia Bing |     |                  |        |      |    |
|---|-----|------------------|--------|------|----|
| Name                                      | Age | Team             | Finals | Wind | H# |
| 1 Hulls, Georgia                          | 15  | Hastings         | 25.22  | -0.9 | 1  |
| 2 Keenan, Mackenzie                       | 20  | Christchurch Old | 25.57  | -0.9 | 1  |
| 3 Stewart, Abby                           | 15  | WHAC             | 25.98  | -0.9 | 1  |
| 4 Andrew-Paul, Alison                     | 17  | Wairarapa        | 26.06  | -0.9 | 1  |
| 5 McLeod, Hannah                          | 20  | Lower Hutt       | 26.30  | -0.9 | 1  |
| 6 Blair, Megan                            | 21  | Mana             | 26.64  | -0.9 | 1  |
| 7 Forman, Elise                           | 15  | WHAC             | 26.82  | -1.0 | 2  |
| 8 Chapman, Sian                           | 18  | Wairarapa        | 27.14  | -1.0 | 2  |
| 9 Story, Vanessa                          | 40  | Pnahc            | 27.41  | -1.0 | 2  |
| 10 Bacon, Renee                           | 18  | Levin            | 27.94  | -1.0 | 2  |
| 11 Walsh, Courtney                        |     | Pnahc            | 28.16  | -1.0 | 2  |

Women 400 Meter Run

| Stadium Reco: 54.83 15/12/2001 Rebecca Wardell |     |                |         |
|--|-----|----------------|---------|
| Name   | Age | Team           | Finals  |
| 1 Andrew-Paul, Alison                          | 17  | Wairarapa      | 57.53   |
| 2 Manning, Holly                               | 18  | Napier         | 57.54   |
| 3 Horgan, Talia                                | 18  | Hamilton Hawks | 58.84   |
| 4 Story, Vanessa                               | 40  | Pnahc          | 1:02.46 |
| 5 Bacon, Renee                                 | 18  | Levin          | 1:02.94 |
| 6 Dunn, Emily                                  | 14  | Napier         | 1:08.74 |

Women 800 Meter Run

| Stadium Reco: 2:08.09 12/02/2002 Michelle Prowse |     |                |         |
|--|-----|----------------|---------|
| Name   | Age | Team           | Finals  |
| 1 Manning, Holly                                 | 18  | Napier         | 2:13.03 |
| 2 Harper, Ariana                                 | 19  | Scottish       | 2:14.83 |
| 3 Horgan, Talia                                  | 18  | Hamilton Hawks | 2:18.16 |
| 4 Roughan, Emily                                 | 21  | Hamilton Hawks | 2:23.24 |
| 5 Mackay, Megan                                  | 16  | Wanganui       | 2:31.04 |
| 6 Gunn, Ashleigh                                 |     | Pnahc          | 2:41.83 |
| 7 Dunn, Emily                                    | 14  | Napier         | 2:45.84 |
| 8 Nel, Carlyne                                   | 14  | Napier         | 2:46.24 |

Women 1500 Meter Run

| Stadium Reco: 4:16.95 1/04/2014 Kara Macdermid |     |                |         |
|--|-----|----------------|---------|
| Name   | Age | Team           | Finals  |
| 1 Harris, Tina                                 | 32  | Scottish       | 4:33.95 |
| 2 Roughan, Emily                               | 21  | Hamilton Hawks | 4:44.46 |
| 3 Paine, Stevie                                | 19  | Scottish       | 4:51.60 |
| 4 Roughan, Madeleine                           | 17  | Egmont         | 5:03.48 |
| 5 Bamford, Lydia                               | 14  | Pnahc          | 5:24.28 |
| 6 Burmeister, Grace                            | 15  | Pnahc          | 5:28.33 |
| 7 Gunn, Ashleigh                               |     | Pnahc          | 5:30.53 |
| 8 Nel, Carlyne                                 | 14  | Napier         | 5:47.81 |

Women 100 Meter Hurdles

| Stadium Reco: 13.68 4/02/2012 Sarah Crowley |     |                  |        |      |
|---|-----|------------------|--------|------|
| Name  | Age | Team             | Finals | Wind |
| 1 Berryman, Kelsey                          | 22  | Christchurch Old | 13.97  | -0.1 |
| 2 McLeod, Hannah                            | 20  | Lower Hutt       | 14.75  | -0.1 |

Women 400 Meter Hurdles

| Stadium Reco: 1:00.60 6/01/2004 Sonja Bowe |     |          |         |
|--|-----|----------|---------|
| Name                                       | Age | Team     | Finals  |
| 1 Blackwood, Ariana                        | 20  | Scottish | 1:11.12 |
| 2 Whiteman, Georgia                        | 16  | Pnahc    | 1:14.17 |

Women 4x100 Meter Relay

| Stadium Reco: 49.23 15/01/2001 Central |  |  | Finals |
|--|--|--|--------|
| Team                                   |  |  |        |
| 1 Palmerston North 'A'                 |  |  | 53.08  |
| 2 Composite 'A'                        |  |  | 54.17  |

Women 4x400 Meter Relay

| Stadium Reco: 4:03.40 15/11/2008 Wairarapa |  |  | Finals  |
|--|--|--|---------|
| Team                                       |  |  |         |
| 1 Palmerston North 'A'                     |  |  | 4:43.30 |
| 2 Composite 'A'                            |  |  | 4:58.63 |

Women High Jump

| Stadium Reco: 1.82m 4/02/2012 Sarah Cowley |     |             |        |
|--|-----|-------------|--------|
| Name                                       | Age | Team        | Finals |
| 1 O'Hagen, Keeley                          | 20  | Paraparaumu | 1.75m  |
| 2 Edwards, Phoebe                          | 16  | WHAC        | 1.60m  |
| 3 Moore, Kylie                             | 15  | Pnahc       | 1.50m  |
| 4 Whiteman, Georgia                        | 16  | Pnahc       | 1.45m  |

Women Long Jump

| Stadium Reco: 5.99m 25/01/2011 Brooke Stratton |     |             |        |      |
|--|-----|-------------|--------|------|
| Name   | Age | Team        | Finals | Wind |
| 1 Smith, Charlotte                             | 23  | Mana        | 5.24m  | 3.1  |
| 2 Edwards, Phoebe                              | 16  | WHAC        | 5.21m  | -0.6 |
| 3 O'Hagen, Keeley                              | 20  | Paraparaumu | 5.20m  | 0.7  |
| 4 Churton, Toyah                               | 16  | Wairarapa   | 4.92m  | -2.4 |

|   |                   |    |       |       |      |
|---|-------------------|----|-------|-------|------|
| 5 | Stewart, Abby     | 15 | WHAC  | 4.89m | 0.5  |
| 6 | Watson, Pavinee   | 19 | Pnahc | 4.61m | 0.8  |
| 7 | Walsh, Courtney   |    | Pnahc | 4.51m | -2.2 |
| 8 | Bacon, Frances    |    | Levin | 4.29m | 4.3  |
| 9 | Whiteman, Monique | 13 | Pnahc | 4.27m | 1.7  |

Women Triple Jump

|               |                  |            |               |        |      |
|---------------|------------------|------------|---------------|--------|------|
| =====         |                  |            |               |        |      |
| Stadium Reco: | 12.42m           | 25/01/2011 | Nineka Okpola |        |      |
| Name          |                  | Age        | Team          | Finals | Wind |
| =====         |                  |            |               |        |      |
| 1             | Thomson, Anna    | 19         | Mana          | 11.91m | 1.3  |
| 2             | Mincher, Aprille | 18         | Lower Hutt    | 10.89m | -0.3 |
| 3             | Watson, Pavinee  | 19         | Pnahc         | 10.45m | 0.6  |
| 4             | Hamilton, Laura  | 23         | Mana          | 10.28m | 0.3  |
| 5             | Bacon, Frances   |            | Levin         | 9.99m  | 0.1  |

Women Shot Put

|               |              |            |                   |        |  |
|---------------|--------------|------------|-------------------|--------|--|
| =====         |              |            |                   |        |  |
| Stadium Reco: | 14.89m       | 29/01/2012 | Siositinia Hakeai |        |  |
| Name          |              | Age        | Team              | Finals |  |
| =====         |              |            |                   |        |  |
| 1             | Smith, Katie | 18         | Wairarapa         | 12.79m |  |
| 2             | Quinn, Grace | 17         | Wairarapa         | 7.39m  |  |

Women Shot Put 3k

|       |           |     |       |        |  |
|-------|-----------|-----|-------|--------|--|
| ===== |           |     |       |        |  |
| Name  |           | Age | Team  | Finals |  |
| ===== |           |     |       |        |  |
| 1     | Fia, Palu | 17  | Pnahc | 13.02m |  |

Women Discus Throw

|               |                   |            |             |        |  |
|---------------|-------------------|------------|-------------|--------|--|
| =====         |                   |            |             |        |  |
| Stadium Reco: | 54.29m            | 25/01/2011 | Kim Mulhall |        |  |
| Name          |                   | Age        | Team        | Finals |  |
| =====         |                   |            |             |        |  |
| 1             | Blackwood, Ariana | 20         | Scottish    | 39.55m |  |
| 2             | Bacon, Renee      | 18         | Levin       | 32.91m |  |
| 3             | Exeter, Ashley    | 19         | Pnahc       | 29.65m |  |
| 4             | Cole, Georgia     | 16         | Pnahc       | 23.71m |  |

Women Hammer Throw 3k

|       |                |     |           |        |  |
|-------|----------------|-----|-----------|--------|--|
| ===== |                |     |           |        |  |
| Name  |                | Age | Team      | Finals |  |
| ===== |                |     |           |        |  |
| 1     | Krussona, Emma | 17  | Wairarapa | 48.95m |  |
| 2     | Byrne, Elisha  | 16  | Pnahc     | 40.09m |  |
| 3     | Quinn, Grace   | 17  | Wairarapa | 39.88m |  |
| 4     | Cole, Georgia  | 16  | Pnahc     | 33.09m |  |

Women Hammer Throw

|               |                     |            |              |        |  |
|---------------|---------------------|------------|--------------|--------|--|
| =====         |                     |            |              |        |  |
| Stadium Reco: | 56.08m              | 10/02/2010 | Hardeep Kaur |        |  |
| Name          |                     | Age        | Team         | Finals |  |
| =====         |                     |            |              |        |  |
| 1             | Pilkington, Ella    | 19         | Bays Cougars | 49.82m |  |
| 2             | Wharehinga, Montaya | 19         | Lower Hutt   | 49.07m |  |

Women Javelin Throw

|               |                     |            |                |        |  |
|---------------|---------------------|------------|----------------|--------|--|
| =====         |                     |            |                |        |  |
| Stadium Reco: | 49.30m              | 27/11/2004 | Serafina Akeli |        |  |
| Name          |                     | Age        | Team           | Finals |  |
| =====         |                     |            |                |        |  |
| 1             | Blackwood, Ariana   | 20         | Scottish       | 34.28m |  |
| 2             | Wharehinga, Montaya | 19         | Lower Hutt     | 33.14m |  |
| 3             | Moore, Kylie        | 15         | Pnahc          | 31.67m |  |

4 Bacon, Renee

18 Levin

30.22m

Men 100 Meter Sprint

Stadium Reco: 10.71 25/01/2011 Nicholas Hough

| Name                     | Age | Team           | Finals | Wind | H# |
|--------------------------|-----|----------------|--------|------|----|
| 1 Millar, Joseph         | 22  | Tauranga       | 10.98  | -2.0 | 1  |
| 2 Howden, Alex           | 19  | Wairarapa      | 11.22  | -2.0 | 1  |
| 3 Cochrane, Michael      | 23  | Tauranga       | 11.32  | -2.0 | 1  |
| 4 Smith, Nick            | 15  | Lower Hutt     | 11.34  | -2.0 | 1  |
| 5 Morison, Jonty         | 17  | Wairarapa      | 11.35  | -2.0 | 1  |
| 6 Collins-Hawkins, Terry | 19  | Hill City      | 11.36  | -2.0 | 1  |
| 7 Henderson, Daniel      | 18  | Hamilton Hawks | 11.72  | -2.0 | 1  |
| 8 Smith, Aidan           | 15  | Pnabc          | 11.86  | -0.6 | 2  |
| 9 Knight, Michael        | 15  | Pnabc          | 12.00  | -0.6 | 2  |
| 10 Paul, Jake            | 16  | Kiwi           | 12.17  | -0.6 | 2  |
| 11 Wagener, Bernard      | 15  | Pnabc          | 12.19  | -0.6 | 2  |
| 12 Hunt, Darin           | 34  | Kiwi           | 13.46  | -0.6 | 2  |

Men 200 Meter Sprint

Stadium Reco: 21.77 18/11/2013 Zac Topping

| Name                     | Age | Team       | Finals | Wind |
|--------------------------|-----|------------|--------|------|
| 1 Millar, Joseph         | 22  | Tauranga   | 21.73  | -0.8 |
| 2 Burch, Scott           | 23  | Pnabc      | 22.18  | -0.8 |
| 3 Collins-Hawkins, Terry | 19  | Hill City  | 22.38  | -0.8 |
| 4 Howden, Alex           | 19  | Wairarapa  | 22.45  | -0.8 |
| 5 Morison, Jonty         | 17  | Wairarapa  | 22.49  | -0.8 |
| 6 Smith, Nick            | 15  | Lower Hutt | 22.64  | -0.8 |
| 7 Hooper, Brett          | 15  | Pnabc      | 24.25  | -0.8 |
| 8 Wagener, Bernard       | 15  | Pnabc      | 25.04  | -0.8 |

Men 400 Meter Run

Stadium Reco: 47.09 25/01/2011 Alec Jordan

| Name                | Age | Team           | Finals | H# |
|---------------------|-----|----------------|--------|----|
| 1 Stewart, Bailey   | 18  | Pakuranga      | 47.39  | 1  |
| 2 Burch, Scott      | 23  | Pnabc          | 48.04  | 1  |
| 3 Attwell, Max      | 18  | Wanganui       | 49.78  | 1  |
| 4 Henderson, Daniel | 18  | Hamilton Hawks | 51.31  | 1  |
| 5 Raman, Dhruv      | 18  | Wairarapa      | 52.72  | 2  |
| 6 Fee, Nick         | 20  | Wanganui       | 52.98  | 1  |
| 7 Hooper, Brett     | 15  | Pnabc          | 53.90  | 2  |
| 8 Paul, Jake        | 16  | Kiwi           | 54.01  | 2  |

Men 800 Meter Run

Stadium Reco: 1:48.62 25/01/2011 Alec Rowe

| Name                  | Age | Team             | Finals  |
|-----------------------|-----|------------------|---------|
| 1 Farmer, Hector      | 22  | Wellington Olymp | 1:54.63 |
| 2 Rackham, Jordan     | 18  | Invercargill     | 1:54.65 |
| 3 Pieters, Theunis    | 19  | Hamilton Hawks   | 1:56.19 |
| 4 Karamanolis, Marcus | 18  | WHAC             | 1:56.87 |
| 5 Preston, James      | 17  | WHAC             | 1:58.11 |
| 6 Wall, Benjamin      | 13  | Ashhurst         | 2:25.89 |

Men 1500 Meter Run

Stadium Reco: 3:51.30 28/01/2003 Rees Buck

| Name              | Age | Team     | Finals  |
|-------------------|-----|----------|---------|
| 1 Beamish, George | 18  | Wanganui | 3:55.26 |

|   |                  |    |          |         |
|---|------------------|----|----------|---------|
| 2 | Tse, Nathan      | 19 | WHAC     | 4:03.67 |
| 3 | Smith, Kyle      | 17 | Taupo    | 4:10.99 |
| 4 | Stewart, Callum  | 16 | WHAC     | 4:15.85 |
| 5 | Delany, Harry    | 17 | Scottish | 4:17.90 |
| 6 | Davidson, Connor | 15 | Scottish | 4:18.07 |
| 7 | Delany, Robbie   | 17 | Scottish | 4:19.80 |
| 8 | Wray, Michael    | 47 | Scottish | 4:30.10 |
| 9 | Wall, Benjamin   | 13 | Ashhurst | 4:36.91 |

Men 110 Meter Hurdles

|               |                   |            |               |             |
|---------------|-------------------|------------|---------------|-------------|
| =====         |                   |            |               |             |
| Stadium Reco: | 16.10             | 18/02/2006 | Scott McLaren |             |
| Name          |                   | Age        | Team          | Finals Wind |
| =====         |                   |            |               |             |
| 1             | Cochrane, Michael | 23         | Tauranga      | 14.69 -0.4  |
| 2             | McConachy, Callum | 29         | Pnahc         | 17.07 -0.4  |

Men 400 Meter Hurdles

|               |                   |            |                  |         |
|---------------|-------------------|------------|------------------|---------|
| =====         |                   |            |                  |         |
| Stadium Reco: | 51.35             | 25/01/2011 | Michael Cochrane |         |
| Name          |                   | Age        | Team             | Finals  |
| =====         |                   |            |                  |         |
| 1             | McConachy, Callum | 29         | Pnahc            | 1:00.13 |
| 2             | Rogers, Mathew    | 35         | Lower Hutt       | 1:09.58 |

Men 3000 Meter Steeplechase

|               |                |           |             |          |
|---------------|----------------|-----------|-------------|----------|
| =====         |                |           |             |          |
| Stadium Reco: | 8:54.96        | 5/02/2005 | Kim Hogarth |          |
| Name          |                | Age       | Team        | Finals   |
| =====         |                |           |             |          |
| 1             | Rogers, Mathew | 35        | Lower Hutt  | 10:16.57 |
| 2             | Woolford, Liam | 16        | Pnahc       | 10:47.54 |

Men 4x100 Meter Relay

|               |                      |            |         |        |
|---------------|----------------------|------------|---------|--------|
| =====         |                      |            |         |        |
| Stadium Reco: | 43.09                | 15/01/2001 | Central |        |
| Team          |                      |            |         | Finals |
| =====         |                      |            |         |        |
| 1             | Composite 'A'        |            |         | 43.48  |
| 2             | Palmerston North 'A' |            |         | 45.18  |

Men 4x400 Meter Relay

|               |                      |            |          |         |
|---------------|----------------------|------------|----------|---------|
| =====         |                      |            |          |         |
| Stadium Reco: | 3:24.68              | 15/12/2001 | Scottish |         |
| Team          |                      |            |          | Finals  |
| =====         |                      |            |          |         |
| 1             | Palmerston North 'A' |            |          | 4:32.66 |

Men High Jump

|               |                |            |               |        |
|---------------|----------------|------------|---------------|--------|
| =====         |                |            |               |        |
| Stadium Reco: | 2.12m          | 25/01/2011 | Brandon Starc |        |
| Name          |                | Age        | Team          | Finals |
| =====         |                |            |               |        |
| 1             | Peters, Jordan | 20         | Pnahc         | 2.00m  |
| 2             | Pinson, Sam    | 19         | WHAC          | 1.90m  |
| 3             | Attwell, Max   | 18         | Wanganui      | 1.80m  |
| 4             | Baker, Angus   | 15         | Paraparaumu   | 1.70m  |
| 5             | Hickey, Gerald | 14         | Wairarapa     | J1.70m |
| 6             | Hunt, Darin    | 34         | Kiwi          | 1.50m  |

Men Pole Vault

|               |                   |            |                    |        |
|---------------|-------------------|------------|--------------------|--------|
| =====         |                   |            |                    |        |
| Stadium Reco: | 4.75m             | 25/02/2011 | Nicholas Southgate |        |
| Name          |                   | Age        | Team               | Finals |
| =====         |                   |            |                    |        |
| 1             | McConachy, Callum | 29         | Pnahc              | 3.30m  |

2 Hunt, Darin 34 Kiwi 2.80m

Men Long Jump

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Stadium Reco: 7.20m 14/11/2009 Ryan Roselli

| Name              | Age Team | Finals | Wind |
|-------------------|----------|--------|------|
| 1 Hutchens, James | 22 Kiwi  | 6.78m  | 1.8  |

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Men Triple Jump

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Stadium Reco: 14.80m 8/11/2014 Scott Thomson

| Name             | Age Team      | Finals | Wind |
|------------------|---------------|--------|------|
| 1 Thomson, Scott | 22 Mana       | 14.15m | 0.5  |
| 2 Rogers, Mathew | 35 Lower Hutt | 8.86m  | -2.1 |

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Men Shot Put

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Stadium Reco: 17.70m 25/01/2011 Damien Birkenhead

| Name               | Age Team        | Finals |
|--------------------|-----------------|--------|
| 1 Bloxham, Matthew | 18 Bays Cougars | 15.11m |
| 2 Sola, Shaka      | 31 Kiwi         | 13.99m |
| 3 Power, Ben       | 17 Kiwi         | 12.88m |
| 4 Hennessy, Chris  | 28 Pnahc        | 8.54m  |

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Men Shot Put 5k

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| Name               | Age Team | Finals |
|--------------------|----------|--------|
| 1 Wagener, Bernard | 15 Pnahc | 8.41m  |

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Men Shot Put 6k

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| Name         | Age Team | Finals |
|--------------|----------|--------|
| 1 Hall, Toby | 17 Kiwi  | 10.60m |

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Men Discus Throw

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Stadium Reco: 58.64m 21/02/2004 Shaka Sola

| Name                | Age Team        | Finals |
|---------------------|-----------------|--------|
| 1 Bloxham, Matthew  | 18 Bays Cougars | 43.38m |
| 2 Power, Ben        | 17 Kiwi         | 39.55m |
| 3 McConachy, Callum | 29 Pnahc        | 31.47m |
| 4 Hunt, Darin       | 34 Kiwi         | 28.58m |

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Men Discus Throw 1.75

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| Name                  | Age Team     | Finals |
|-----------------------|--------------|--------|
| 1 Hall, Toby          | 17 Kiwi      | 33.59m |
| 2 Van der Merwe, Kyle | 19 Inglewood | 30.18m |

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Men Hammer Throw 6k

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| Name               | Age Team        | Finals |
|--------------------|-----------------|--------|
| 1 Bloxham, Matthew | 18 Bays Cougars | 66.98m |
| 2 Quinn, Tom       | 19 Wairarapa    | 53.36m |
| 3 Hall, Toby       | 17 Kiwi         | 27.76m |

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Men Hammer Throw

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Stadium Reco: 55.59m 8/11/2014 AdamMillar

| Name              | Age Team | Finals |
|-------------------|----------|--------|
| 1 Power, Ben      | 17 Kiwi  | 39.12m |
| 2 Hennessy, Chris | 28 Pnahc | 23.57m |

Men Javelin Throw 700g

| Name              | Age Team | Finals |
|-------------------|----------|--------|
| 1 Smith, Aidan    | 15 Pnahc | 54.75m |
| 2 Knight, Michael | 15 Pnahc | 44.42m |

Men Javelin Throw

Stadium Reco: 66.95m 29/01/2012 Ben Langton-Burnell

| Name                  | Age Team     | Finals |
|-----------------------|--------------|--------|
| 1 Van der Merwe, Kyle | 19 Inglewood | 54.29m |
| 2 Hunt, Darin         | 34 Kiwi      | 36.98m |

Mixed 5000 Meter Run

Stadium Reco: 14:45.58 15/12/2001 Mathew Holder

| Name                | Age Team  | Finals   |
|---------------------|-----------|----------|
| 1 Lovelock, David   | M28 Pnahc | 15:40.65 |
| 2 Murphy, Isaac     | M21 WHAC  | 16:38.09 |
| 3 Melbourne, Jharna | W15 Pnahc | 20:06.92 |

Mixed 3000 Meter Race Walk

Stadium Reco: 13:48.84 27/11/2004 Gabrielle Gorst

| Name            | Age Team             | Finals   |
|-----------------|----------------------|----------|
| 1 Lake, Sean    | M43 Scottish         | 16:52.80 |
| 2 Hopkin, Sue   | W63 Manawatu Strider | 18:54.00 |
| 3 Wood, Damien  | M38 Wanganui         | 19:58.45 |
| 4 Popow, Bradyn | M11 Pnahc            | 20:37.03 |