

**Athletics New Zealand 10,000m Championships**  
**Mt Smart Stadium, Auckland**  
**16<sup>th</sup> February 2019**

**Results**

Women 10000 Metre Senior

Name	Team	Finals
1 O'Donnell, Lydia	Auckland	34:10.88
2 Peskett, Penny	Auckland	34:30.57
3 Cross, Lisa	Auckland	35:06.49
-- Shafi, Ayesha	Wellington	DNF

Women 10000 Metre Masters

Name	Team	Finals
1 Adamson, Christine	Auckland	43:54.73

Men 10000 Metre Senior

Name	Team	Finals
1 Shields, Caden	Otago	30:13.84
2 Voss, Michael	Waikato BoP	30:24.44
3 Baynes, Oska	Canterbury	30:27.72
4 Balchin, Daniel	Canterbury	30:51.89
5 Tse, Nathan	Wellington	32:38.85
6 Sutton, Michael	Waikato BoP	33:29.14
7 Chai, Daniel	Auckland	37:27.08
8 Fernandez-Ritchie, Sunil	Waikato BoP	37:53.53

Men 10000 Metre Masters

Name	Team	Finals
1 Wray, Michael	Wellington	36:16.44
2 Sexton, Andrew	Auckland	37:35.79