

Important Information for Competitors

These Championships will be conducted under the rules of the IAAF and Athletics New Zealand.

Athletes are eligible to compete at the Athletics New Zealand Track & Field Championships as either an official entrant who is eligible under By Law C3.2 - Eligibility or as a visitor to these championships if they do not meet the criteria.

By Law C3.2

- (i) I am a current registered member of Athletics New Zealand.
- (ii) I am a New Zealand citizen or a permanent resident (as these terms are defined in the Immigration Act 1987) and if required can furnish evidence of such.
- (iii) I have not represented another IAAF affiliated country or territory during the last three years.
- (iv) I am eligible to compete as under 2014-2015 IAAF Competition Rules 20, 21 & 22.

Athletes representing overseas clubs must obtain clearance from their national federation to compete at these championships. This authority should be forwarded to Athletics New Zealand prior to the commencement of competition.

Stadium Entry

- Athletes will be able to enter the stadium by either the Main entry - refer Ground Map map. (There is no entry charge for athletes).

Race Pack Collection

- Packs will be available to team managers and athletes not representing centre teams, prior to the technical meeting which will be held in the Top Room of the Grandstand at 7.00pm on Thursday 3 March 2016
- Thereafter on competition days from the Technical Information Centre (TIC) located at the finish line end of the grandstand
- It is the responsibility of centre team managers to collect race packs and make any amendments for athletes representing centres - scratching, name amendments, etc.
- Athletes in centre teams must collect their race pack from their centre team manager
- Centre team athletes are not required to sign in at the Technical Information Centre prior to competition, but must observe call room protocols as listed below
- Athletes competing as individuals **MUST CONFIRM** their entry by signature when picking up their competition numbers at least 90 minutes prior to the scheduled start time of their **FIRST** event entered. Athletes are able to confirm prior to the competition day that their event is scheduled. Athletes not completing this process are liable for exclusion from that event and all other events that they have entered. IAAF Rule 142.4 "Failure to participate" would apply
- Only those athletes confirmed as starters will be drawn in the fields for each event
- Where the athlete's race pack is collected by another person on their behalf, the athlete will be deemed to be at the venue and prepared for call room report

Uniforms

- Athletes selected to represent their centre must wear the approved centre uniform
- Athletes competing as individuals must wear their approved club uniform

Competition Numbers

- The allocated competition number must be displayed on the front of the uniform during competition with exception to pole vault
- Competitors in race walks must also display a second competition number on the back of their uniform
- Athletes tampering with competition numbers may be liable for disqualification
- Any athlete who loses their competition number should go to the Technical Information Centre to obtain a replacement number as soon as possible

Important Information for Competitors

Implement Checking

Personal implements must be presented at the Technical Room for checking and impounding at the following times:

- For Friday competition - on Thursday prior to the technical meeting
- For Saturday competition - before 5pm on Friday
- For Sunday competition - before 5pm on Saturday

The Technical Room is located behind the main grandstand.

Starting Heights

- Starting heights for the high jump and pole vault are as follows and advised at the Technical meeting. They are subject to adjustment by the Jumps Referee if warranted by conditions on the day of competition

High Jump	Starting	Change	Change	Change	
Senior Men	1.81	+ 0.05 > 2.01	+ 0.04 > 2.13	+ 0.03	
U20 Men	1.71	+ 0.05 > 1.91	+ 0.04 > 2.07	+ 0.03	
U18 Men	1.63	+ 0.05 > 1.83	+ 0.04 > 1.99	+ 0.03	
Senior Women	1.55	+ 0.05 > 1.70	+ 0.04 > 1.86	+ 0.03	
U20 Women	1.50	+ 0.05 > 1.65	+ 0.04 > 1.77	+ 0.03	
U18 Women	1.43	+ 0.05 > 1.58	+ 0.04 > 1.70	+ 0.03	

Pole Vault	Starting	Change	Change	Change	Change
Senior Men	3.40	+ 0.20 > 4.80	+ 0.15 > 5.25	+ 0.10	
U20 Men	3.05	+ 0.20 > 4.65	+ 0.15 > 5.10	+ 0.10 > 5.20	+ 0.05
U18 Men	2.98	+ 0.20 > 3.38	+ 0.15 > 4.13	+ 0.12 > 4.61	+ 0.10
Senior Women	2.95	+ 0.20 > 3.55	+ 0.15 > 4.15	+ 0.10 > 4.45	+ 0.05
U20 Women	2.60	+ 0.20 > 3.40	+ 0.15 > 3.85	+ 0.10 > 4.15	+ 0.05
U18 Women	2.40	+ 0.20 > 3.20	+ 0.15 > 3.65	+ 0.10 > 4.02	+ 0.10

Scratchings

- These should be submitted on the appropriate form signed by the athlete or their manager to the **Technical Information Centre [TIC]** as soon as possible, but at least **90 minutes** before the event start time. Any individuals not associated with a team should similarly submit any scratching
- If an athlete fails to scratch from an event after confirmation or does not compete in all rounds of an event for which s/he has qualified s/he may not be permitted to compete further
- No athlete who has retired from competition due to ill health will be able to re-enter competition (relay teams included) unless the athlete supplies a medical certificate and clearance has been obtained from the Technical Delegate.

Draws

- **Field:** The order for field events shown in the programme will be in alphabetical order and not the competition order
- **Track: Lane draws** for all track events (including those, which are straight finals) will be published after confirmations have been received and posted on information boards as soon as possible.

Important Information for Competitors

Call Room Reporting Times

- Athletes must report to the call room at the following times preceding the advertised start time for their event:

Track events (excluding hurdles including Relay events)	25 minutes
HURDLES See below	45 minutes
Field events (excluding Pole Vault)	50 minutes
Pole Vault	75 minutes
- On completion of the competition all athletes must leave the competition arena via post event control
- Warm downs must be done outside the stadium arena
- No unauthorised person(s) shall be allowed in the competition area

Hurdles Warm Up Instructions: Final Call 45 min Before Event

Grassed area in Front of Call Room will have a limited number of hurdles available for grass based drills.

Final call time into call room will be 45 Minutes prior to event start time.

Leaving Call Room will be 40 minutes prior to event start time with aim to arrive back straight at least 35 minutes before start time. This will require all athletes to report promptly. If not in call room when 35 minute mark, entry from event removed.

Athletes only will be admitted to the warmup area, but coaches can communicate easily with the athletes at the fence. (Remember they are within the Competition area at this time, and must not enter the grassed infield due to safety concerns)

For most warmups all 8 lanes will be available, but when 800m and 2000m Steeplechase races are on only lanes 5 to 8 (i.e., 4 lanes) will be able to be used and this will be at 200 end of back straight for 800's. (Area to be coned) When 300h's are being held, other hurdlers warming up will do so on the first bend. When the 400h's are being held, other hurdlers warming up will do so on the back straight toward the 200m start, but will need to vacate the track before each race. **Please do not move the hurdles from their marks or adjust the hurdle heights during this time.**

Athletes will be taken to start at least 5 to 8 minutes before their start so they can have run outs from the blocks as soon as previous race gone.

It is essential that we have co-operation from all for this otherwise it will not work.

Call Room Procedures

- **ALL ATHLETES** without exception must report to the **call room** by the detailed final call report time **FAILURE** to do so will make the athlete liable for **DISQUALIFICATION**
- **Officials will subject all athletes to the required call room checks** in accordance with IAAF Rules:
 - Correct uniform is being worn on entry to call room
 - Correct competition number is being worn on entry to call room
 - Check of competition shoes, i.e. correct number of and size spikes
 - Checking of competition chairs for Para Athletes
 - Check of bags taken into the competition arena
 - Personal material (athletes are not allowed to have glass bottles or containers, video or cassette recorders, radios, CD players, radio transmitters, mobile phones or similar devices in the arena)
- Any personal material that contravenes the rules will be retained by the call room judges. The Call Room Chief Judge will present the athlete with a receipt. This material may be collected by the athlete once their event is over and upon presentation of the receipt at post event control
- The call room is located (and sign posted) in the Track warm-up area for **all athletes** and **all events** including **wheelchair athletes**.
- Athletes will be directed by the officials at the call room of the time that they are permitted to leave the call room for the competition arena.
- If an athlete is likely to be competing in another event at the designated call time for that event s/he must advise the call room official at the time of checking in for the first event.
- Scratchings are not to be submitted to the Call Room. These must be handled at the TIC.

Important Information for Competitors

Warming Up

- Warming up is not permitted on the main arena.
- **TRACK** warm up is on the field opposite the Caledonian Ground (**Note:** no throwing will be permitted on this area).
- **Field** warm up is on the field adjacent to the Caledonian Ground (see map)
- Warm up throws will be supervised at event site prior to competition.

Progression to Finals

- Rules for progression to finals will be determined as follows:
 - 100m, 200m, 400m, 100m H, 110m H, 300m H, 400m H and 4x100m:**
 - 1 to 8 competitors Direct to final
 - 9 to 16 competitors 2 heats First 3 and next 2 fastest to final
 - 17 to 24 competitors 3 heats First 2 and next 2 fastest to final
 - 25 or more competitors Semi-finals will be held and progression under IAAF rules
 - 800m and 4x400m:**
 - 1 to 11 competitors Direct to final
 - 12 to 20 competitors 2 heats First 3 and next 2 fastest to final
 - 21 to 30 competitors 3 heats First 2 and next 3 fastest to final
 - 1500m and 3000m SC:**
 - 1 to 15 competitors Direct to final
 - 16 to 30 competitors 2 heats First 4 and next 4 fastest to final
 - 30 competitors or more 3 heats First 3 and next 3 fastest to final
 - 3000m and 5000m:**
 - 1 to 26 competitors Direct to final
 - 27 to 40 competitors 2 heats First 5 and next 5 fastest to final

Should entry numbers not reach the required number for heats to take place, the event will proceed direct to final and be held at finals time

Relays

- Team declarations made on the forms provided at the TIC, are to be submitted at the TIC prior to **90 minutes** before advertised start time. These team declarations must supply team names and running order
Please Note: IAAF Competition Rule 170.11 will not apply
- An athlete not previously entered into the Championships at the time of entries closing will not be permitted to run in a relay
- Athletes can be entered as Relay Only entries. This must be done prior to the close off date for entries

Post Event Procedure

- All athletes are to leave the competition area via post event control
- Any goods confiscated in the call room can be collected from the post event control

Medal Ceremonies

- For **field** events, medal ceremonies will take place at the conclusion of the event. Medallists will be taken directly from the event to the medal presentation area
- For **track** and **all Para events**, medal ceremonies will take place 1 hour following the scheduled start time of the event. Athletes should make their way to the medal presentation area in readiness for the ceremony to take place. (This allows for the 30 minute protest period to elapse and for results to be confirmed)
- Medal ceremonies for non-stadia walks held on Sunday will take place at midday on Sunday
- Athletes must wear their correct competition uniform singlet (tracksuit trousers may be worn)

Important Information for Competitors

Doping Control

- Athletes are reminded that they may be required to undertake doping control at the conclusion of their event
- Athletes may elect to have a representative/support person present
- If you have further events or duties (such as medal presentations or interviews) please advise the doping control chaperone when you are first approached

Spikes

- The requirements of the Caledonian Ground track surface are:
 - Maximum length of spikes is **6mm** except in High Jump and Javelin where a maximum of **9mm** is allowed
 - Pyramid/Cone and Christmas Tree shapes are all recommended. Needle/Pin shapes allowed are not considered to give good grip on this surface

Drinks in the Competition Arena

- The Call Room will allow sports drinks/water through to the Field of Play. **NO** glass containers will be allowed.